

The Fort Erie Times

www.forterietimes.ca

Thursday, August 4, 2016

AUTOVALUE HYUNDAI
4060 Montrose Rd.
Niagara Falls
View Our Inventory @
www.autovaluehyundai.com
905-356-5557



Medical cannabis education centre opens **2**



Amis Gizmo wins big at Prince of Wales **24**

GET YOUR NEWS ONLINE
forterietimes.ca

Add some colour to your summer



JOSEPH BURD/SPECIAL TO THE FORT ERIE TIMES

Port Colborne artist Esa, pictured here at Art By the Market Saturday in Ridgeway, creates original paintings on quartz and slate. He is one of the artists that will be featured in the South Niagara Artists Studio Tour on Aug. 6 and 7 from 10 a.m. to 5 p.m. The self-guided tour, will see artists from Ridgeway, Crystal Beach, Sherston, Port Colborne and Wainfleet open up their studios, and give art lovers a chance to meet south Niagara artists and view artwork free of charge. For more information visit www.southniagarartists.ca.



MEL'S POOL SERVICE



Eliminator
Winter Covers for above grounds.
Come Check it Out On Sale Now

**YOUR CHOICE OF FIVE COLOURS
BLUE, GREEN, TAUPE, GREY & BLACK**

16'X 32'*
RECTANGLE
(30'1" (Lx) Regular Rectangles)

CASH & CARRY PRICE INSTALLED PRICE
\$820^{net} \$1120^{net}

* stairs and cutouts extra

**WE CAN ORDER
ANY SHAPE, ANY SIZE
HEAVY DUTY AVAILABLE
CALL FOR YOUR CUSTOM QUOTE
ALL SIZES ON SALE**

2016 Safety Cover Sale

Purchase before August 24th 2016 for the lowest sale price!

1268 Benner Avenue, Fort Erie • 905-994-7665 (Pool)



SARAH FERGUSON/FORT ERIE TIMES

A ribbon cutting ceremony was held last Wednesday in recognition of the new GrowWise Health Clinic, opened by Toronto-based GrowWise Health, a company that provides free medical cannabis education services.

Medical marijuana education clinic opens in Fort Erie

SARAH FERGUSON
Fort Erie Times

It may not be for everyone, but a growing number of people are benefiting from the use of medical marijuana.

Fort Erie's Dr. Hugh Mitchell said he's had "a lot of inquiries over the years about medical marijuana" as an alternative medicine.

Mitchell has met people that have been prescribed and discontinued using medical marijuana "because they didn't feel it was helping."

But, he said, "A majority of patients have also reported they felt better" after using it.

When Mitchell learned GrowWise Health, a

Toronto-based company that provides medical cannabis education services, was looking for space to set up shop in Niagara, he offered space in his walk-in clinic at 484 Garrison Rd.

"I think it's an excellent education company and they fit well with my clinic," he said.

Although the GrowWise clinic has been in operation for over a month an official ribbon cutting ceremony was held last Wednesday morning.

"It's great that this clinic is here in Fort Erie," Mayor Wayne Redekop said.

"(This clinic) is an important aspect in terms of treatment of individuals who have medical maladies."

He presented GrowWise

staff with a certificate from the Town of Fort Erie to mark the opening of the clinic.

While the use of medical marijuana has increased, Mitchell said a lot of people—both doctors and patients—are still unaware how it has been used to treat people with acute pain, cancer pain, migraines, glaucoma, epilepsy, post-traumatic stress disorders and other ailments.

Mitchell said more doctors need to be educated about medical cannabis, and education clinics are an important step in that process.

"A lot of physicians don't know the procedure. It's not easy to just sign the prescription. You have to know where it's going to."

Patients first need to

obtain a medical document from their family doctor to use medical marijuana, and then the medicine must be ordered directly from a Canada Health licensed provider.

That's where the GrowWise Health clinic steps in.

Adam Saperia, GrowWise Health's president, said the role of the clinic is to counsel patients about how to safely use medical marijuana.

There is no marijuana on the premises and it is not sold on site.

When a person walks through the door of a GrowWise Health clinic for the first time, he or she will spend between 30 to 45 minutes with a registered nurse that will answer any ques-

tions. Follow-up care in person, by e-mail and phone is also available.

"We talk to people about their care, how to use it safely, the potential risks and side effects and we can help them order their medication through a licensed provider," Saperia said.

There are a number of ways to ingest medical marijuana such as vaporizing or taking oils, but smoking is not recommended, Saperia said.

A registered nurse will discuss those options when a person visits the clinic.

The cost is anywhere from \$100 to \$400 a month, sometimes even lower, Saperia said. The amount depends on a person's con-

dition.

Since the company was created one year ago and opened a number of clinics in Greater Toronto area, GrowWise has counselled about 600 people on a daily basis and that number continues to rise.

"I think there is still a stigma around medical marijuana but it's growing and changing. I think one of the advantages of our program is when patients and doctors see a real health care solution in place," Saperia said.

"People have access to nurses, and they have access to medication that's been approved by Health Canada. I think that gives them greater comfort."

sarahferguson@postmedia.com



DARAN FERRELLSON/FORT ERIE TIMES

From left, Dr. Hugh Mitchell shakes the hand of Adam Saporita, president of GrowWise Health. The company recently opened a cannabis education clinic inside Mitchell's walk-in clinic at 484 Garrison Rd.

Come Dine With Us



Every day
our pizza is
scratch made
using farm fresh
ingredients.

DAILY LUNCH SPECIALS



Our hours
Sun. - Thurs. 11am - 10:30pm
Fri. - Sat. 11am - 12:30pm

Free Delivery



226 Garrison Road, West Hall
360-671-1167
Visit us at www.barrelpizza.ca

WWW.FORTERIETIMES.CA



Curb Appeal
Landscaping Inc.
member of
landscape ontario.com
Green for Life!

Specializing in :
Garden Makeovers
Patios and Walkways
Fences and Decks
New Natural Lawns
Artificial Grass
Garden Walls
Removal of
Dated Gardens



Servicing St. Catharines to Fort Erie,
Crystal Beach, Ridgeway, Stevensville
Call: 289-219-1051
www.curbappealniagara.ca

PERFORMANCE PLUS CAR CARE CENTRE
465 Central Avenue, Fort Erie, ON L2A 3T8

NAPA AUTOPRO

NOW A FULL LINE TIRE DEALER

INCLUDED IN ALL OUR PRICING

- ✓ Mounting and Balancing
- ✓ Valve Stem
- ✓ Nitrogen Inflation
- ✓ TPMS reset on most vehicles
- ✓ FREE Lifetime rotation
- ✓ FREE Lifetime balancing
- ✓ FREE flat repairs
- ✓ FREE alignment check (ONCE annually)

MAINTENANCE SPECIAL

Includes*

- ✓ Lube Oil & Filter
- ✓ 30 Point Inspection
- ✓ Tire Rotation
- ✓ Cooling System Inspection

\$*26⁹⁵

***OFFERING
COMPLETE AUTOMOTIVE
MAINTENANCE &
REPAIRS TO ALL MAKES
AND MODELS**

- ✓ State of the art diagnostic equipment
- ✓ State of the art alignment equipment
- ✓ Nitrogen Tire Service
- ✓ Safety Inspections
- ✓ Tire Sales

- ✓ Master Certified Technicians
- ✓ Comfortable Customer Waiting Area
- ✓ offering TV and Internet Café
- ✓ Vehicle Detailing Service

One year 20,000km parts and labour warranty



Jeff Cavallaro, a long time resident of Fort Erie and past Vice President of Lakeside Drive-In, with CNA and Director of CNA, would be proud to share with you his 40 years of experience in a service he is proud to provide you the best service in the Fort Erie area. Jeff Cavallaro is a member of the highly respected CNA Certified Network of Fort Erie. Our service is provided by the automotive technicians and repair with industry leading quality standards.

Call us today to make your service appointment
Business Hours: Mon - Sat 9:00am - 5:00pm, Sunday 10am - 2pm
Call us today to make your service appointment
289.320.8179
www.performancepluscarcare.ca

BUY • SELL • TRADE
IN THE CLASSIFIEDS





MIKE DIBATTISTA/Niagara Falls RE

The 68 residents had to be evacuated from Crescent Park Lodge in Fort Erie after an electrical fire last Thursday afternoon. Sandie Safian, whose 86-year-old mother, Irmgard, is a resident at Crescent Park Lodge, was impressed at how the situation was handled.

Long-term care home reacts quickly during small fire

RAY SPITERI
Postmedia Network

The 68 residents who had to be evacuated from Crescent Park Lodge after an electrical fire last Thursday afternoon were scheduled to return to the Fort Erie long-term care home Friday, said Fire Chief Larry Coplen.

"There's a few things they have to do by verifying the fire-alarm system and making sure that's all operational. Once that's done, they can move back in," he said.

The residents were relocated to a number of different homes across Niagara, said Coplen, including Gilmore Lodge, Northland Pointe, Maple Park Lodge and Douglas Memorial Hospital.

still under investigation, but "it appears to be a malfunction in some of the distribution equipment."

Coplen said the fire happened just after 2 p.m. Residents were evacuated outside and then initially into Maple Park Lodge next door.

He credited the staff at Crescent Park Lodge for how quickly, safely and orderly they handled the evacuation.

"When I arrived at the scene — I was one of the first responders — the building was completely evacuated. They evacuated in about 10 or 12 minutes."

Coplen said it's not easy to move that many residents, especially those who are in wheelchairs, are bed-bound, or have respiratory or cardiac issues.

"We've been extremely demanding in Fort Erie during the evacuation procedures

that far exceeds what the province requires," he said.

"It's difficult for some of the homes to comply with what we're asking, but once they practice, they drill ... they're able to evacuate the building in a very timely manner, which is basically safety, it's getting people out of a hazardous environment."

Coplen said long-term care homes in Fort Erie practice their evacuation procedures regularly.

He said Crescent Park Lodge did an internal drill last Tuesday.

"When this incident happened, it was just routine, they just did it," he said.

Sandie Safian, whose 86-year-old mother, Irmgard, is a resident at Crescent Park Lodge, said she was "extremely impressed" with how the situation was han-

dled by staff at both Crescent Park and Maple Park, where her mother was temporarily moved to.

"It wasn't just how quickly they were out, how quickly they were sheltered, they were fed, but I didn't get a sense of panic from anyone — not the staff, not the residents," said Safian.

"My mother was seated at a table having some dinner. Even Maple Park Lodge responded so quickly because all of a sudden they had all of these extra mouths to feed."

"They were just all so well taken care of and it even went beyond that immediate response, which was also quite impressive."

Safian said staff even went with residents so there would be familiar faces around them.

"My mother, she's sharper

than any of us, but that's not true for all of the residents, so I think it would be quite comforting for them," she said.

Safian said staff had a well-managed master list with the names of all the residents and where they were moved to "because I'm sure they were going to get phone calls from families wanting to know where their loved ones are."

"My mother received her medication, as per her usual schedule. Everything was just really so well done."

Lori Turcotte, of Coamed Health Care Group, which is the parent company for Crescent Park Lodge and Maple Park Lodge, said it was "all hands on deck" during the evacuation.

"The team here did an amazing job. All that training that we do just kicked

in and they got residents out, they got them safe — the residents were relaxed and comfortable," she said.

"Once we knew we weren't able to go back, we just kicked it up a notch and said, OK, where can we send people? What accommodations can we make?"

Turcotte said staff do a minimum of three drills every month on days, afternoons and evenings.

"It's important to us because we want staff to know what to do when something like this happens."

"All of our families were notified about what happened, so that families wouldn't panic. We have a really solid policy for this."

rspiteri@postmedia.com
Twitter: @RaySpiteri

'Campus' envisioned for long-term care home

MARYANNE FIRTH
Postmedia Network

Niagara Region will embrace a campus or hub style model when redeveloping three of its long-term care homes.

Upper Canada Lodge in Niagara-on-the-Lake and Gilmore Lodge in Fort Erie, each with 80 beds, as well as Linhaven in St. Catharines with 248 beds, are under review by the Region.

As the homes will not meet structural compliance requirements by 2025, a task force including councillors, regional staff and industry experts was formed in 2015 to determine options for redevelopment.

Under the campus-style model, a new facility will

be constructed to include between 128 and 224 long-term care beds - but the details of where that home will be built or what, if any, impact it will have on area facilities has yet to be determined.

The property, recommended by staff to be 12 to 19 acres in size, could house a slew of other on-site services and amenities, such as a pharmacy, retail space, medical centre and retirement residences. With a medical staff supported, the next step will have staff developing a business case for the three homes under review and optimal bed distribution. It will include bed allocation strategies and options, full financial model develop-

ment, options for campus components in each community, preferred procurement approaches and risk analysis.

The business case is expected to be submitted to council before the end of January.

While some initial public consultation has taken place, further input will be sought once the business plan is completed and more tangible options are available, acting commissioner of corporate services Jason Burgess said.

At that point staff will have recommendations available about the size and possible location of the buildings, he said.

In order to attract outside investment in the campus,

the long-term care home must be of "sufficient size," hence the minimum bed requirement, a staff report recently presented to council indicated.

Through consultation with operators of not-for-profit, for-profit and municipal homes, staff determined new facilities are being developed in pods of 32 beds, typically with 160 or more beds in total.

Because of the size recommendations, construction of three new homes will not be feasible, Burgess said.

Larger facilities are meant to enhance the experience of residents with more diverse services and tend to come with operational efficiencies, such as shared laundry or kitchen services

and property maintenance, he said.

It will have to be determined down the road whether the Region will own the chosen campus space, benefiting from rental revenue, or if it will buy into an already existing campus, he

added.

All plans concerning the homes will have to first be approved by regional council and then by the Ontario Ministry of Health and Long-Term Care.

mfrth@postmedia.com

Thursday 9 Holes
for \$9 Bucks After 3pm

RIOVISTA

85 Crooks St., Fort Erie
905-871-0921
www.golfriovista.com
2016 Season

VOTED
BEST GOLF COURSE

555-555-5555

Find It In The Classifieds

STRETCH YOUR DOLLARS WITH THE CLASSIFIEDS

SUNSETS GYMNASIUM CENTRE

WE HAVE MOVED! 1267 GARRISON ROAD!

20-40% OFF BODY SUGARING!

SUMMER HOURS
Tues - Fri 9am-7pm
Sat: 9am-4pm

FULL BODY SPORT TANS AVAILABLE!

1267 GARRISON RD. (CENTRAL PARK SQUARE) • 905.994.5000/7066

JEWELLERY AND WATCH REPAIR WE DO IT ALL!

Bridgeburg Jewellers

44 Jarvis Street, Fort Erie
905-994-1561
www.bridgeburgjewellers.com

SUMMER SIZZLING SPECIALS

Prime Cuts

ANGUS CHUCK BURGERS

\$5.99 LB

STORE FAMOUS LONDON BROILS

\$5.49 LB

AAA BONELESS RIB EYE DEL MONICO

\$11.99 LB

All Specials Available on the website
www.primecutsdeliandmeats.com

210 Garrison Road, Fort Erie • 905-871-9582

Comment

PM POSTMEDIA

The Fort Erie Times is a member of the National Newsmedia Council, which is an independent official organization established to deal with ethical concerns. See news documents on the a complaint go to www.nmcouncil.com or call toll free 1 844 877 1333

The Fort Erie Times is published by Postmedia.
Phone: 905 871-3100 • Fax: 905 871-5243
336 Central Ave • Fort Erie, Ont. • L2A 3T6

The
Fort Erie Times

Peter Conradi regional editor
Sarah Ferguson editor

Point of View

Trump and Wynne just two peas in political pod

Donald Trump and Kathleen Wynne are somewhat alike. No, really they are.

Their philosophies of course are different. Wynne is about as far left as you can go, supporting bigger government, higher taxation and massive social engineering.

Trump claims to be a right winger, although it's anybody's guess what he truly believes — besides that he's the greatest politician in the history of the world.

Philosophies aside, there are many similarities between the two.

For example, they're both strident. Trump believes that he and only he is right and there appears to be no changing his mind about anything.

Instead of trying to appeal to a wider swath of voters in the general election by softening his stand on banning Muslims, he doubled down after he became the official Republican candidate.

Similarly, Kathleen Wynne will not be swayed in her headlong rush to re-engineer the province as an environmental showpiece.

In fact, she believes the strategy puts her on the side of the gods, and therefore it does not bear questioning.

In his rush to be successful at business, Trump cared not upon whom he stepped or how

big a trail of personal and family financial destruction he left in his wake.

In Ontario Wynne has similarly taken up with fervour the Dalton McGuinty strategy of trampling all over the rights of citizens in rural Ontario to develop wind factories. Again, no opposition allowed.

The Ontario plan favours giant offshore businesses over the interests of the residents of rural Ontario at every turn. Trump always favoured businesses — mostly his own.

Just to be absolutely clear I am 100 per cent supportive of environmental initiatives and renewable energy that makes sense, but large scale wind factories do not. More on that another time.

Trump and his campaign have adopted a "never look back, never apologize" strategy. In Ontario, Wynne's government does not back down on anything, even when it's the subject of police investigations.

For his running mate Trump chose Indiana Governor Mike Pence. So far Pence has done little but nod his head in agreement with whatever outrageous nonsense spews forth as Donald runs his mouth.

Although Ontario doesn't have a real VP position, the word strong is not the first one that springs to mind when you look at the provincial cabinet.

To risk overusing an example, if you put the entire cabinet into a pop bottle and gave it a good shake, when you took your finger off the top, not a single backbone would come out.

In the U.S. Donald feels disrespected in the corridors of power.

In Ontario Wynne argues that her critics in the media don't like what she stands for.

The common interpretation of that lament is that we don't like her because she's a woman and a lesbian.

In rural Ontario we don't like her because she's incompetent.

Many of Wynne's supporters will argue that she is nothing like the American presidential nominee. But that's to be expected from folks who have drunk the Liberal Kool-Aid. And therein lies the problem with partisanship.

If all voters would really look at the candidates and think about what they are saying, elections would bring entirely different results.

But when you vote Republican, or Liberal, just because your grandfather said you should, you can end up supporting people who should never be allowed near the levers of power.

That's what happened in Ontario. It's scary to think it could also happen in the U.S.

— Jim Merriam

Do you remember?



Unfortunately, we received no calls about last week's photo of the girl enjoying the candy apple, so it will go back into the unidentified people binders here at the Fort Erie Historical Museum. This week's photo of two children with a pony is dated 1980. If you can identify the rider or the cowgirl, please call the museum at 905-894-5322 or e-mail us museum@forterie.ca.

Turkey vultures may be ugly, but they're important to our eco-system

Turkey vultures may be ugly birds but they play an important role in our eco-system.

The turkey vulture gets its name because its red head, which resembles that of the male wild turkey. Its head is small in proportion to its body. Rick Doan's photo pictured here and others were taken on Narce Beach.

A vulture's head is bald because it sticks its head into a decaying carcass. If it was feathered deadly bacteria would stick to its feathers. Not so with a bald head. I have watched these birds over the years.

They are gentle and non-aggressive birds. They are graceful in flight.

We are told that it can soar up to six hours without flapping its wings. Amazing.

You see crows eating animal refuse on our roads. Not so with turkey vultures.

Their takeoffs are slow and laborious. As automobiles speed



When Nature Calls

faster in the 1930s the turkey vulture fell prey to our ever faster cars. They have learned the hard way to avoid our roads and highways. Fast flying crows are seldom hit by speeding cars.

I first saw these vultures on Ridge road years ago. The late Ross Bears, my neighbour, pointed to three vultures circling over the lower fields to our west.

Ross said, "See those vultures there's something dead down there." Turkey vultures have a strong sense of smell."

He was right.

Later we found a dead fox in the field. The vulture also has good vision to detect carrion. The turkey vulture is recognized as one of North America's largest birds of prey. They have become pests around airports. This bird can do serious damage to an airplane engine. What are a group of turkey vultures circling in the air called?

A "kettle". Turkey vultures take care of decaying animals that can cause harm to humans. Be thankful for them.

My granddaughter, Ashlyn Kells, when she was four was fascinated with bugs. I found her one Saturday digging bare handed in her back yard.

She was looking for bugs in the dark, rich earth and she found one. It was a dark little pill bug. I like bug too.

The pile of old and decaying wood just east of the Marcy cabin

is gone. It was on the surface of one log that a bug was moving. It was a pill bug. It is a small and primitive creature.

Ed Teale, naturalist, called it, a terrestrial isopod crustacean.

Looking at it, it suggests a prehistoric trilobite in miniature. On that May day at Marcy Woods Ashlyn and I looked for a pill bug in a mouldering pile of logs on the Lower Trail. No luck that day.

The name pill bug comes from its ability to roll its brownish-gray body into a round pill-like ball. The internet tells us that it resembles an armadillo in its curling up in a ball. I learned that its scientific name of the pill bug's family is Armadillidae.

I remember seeing a white spot on that old log near the Marcy cabin.

Fellow naturalist, Ernie Giles, said that it was chitin from the pill bug that had just emerged. It was the almost translucent shell of the



RICK DOAN/SPECIAL TO THE FORT ERIE TIMES

A turkey vulture.

insect. This outer coating is the exoskeleton that takes the place of the internal framework in mammals. The sequence that may day long ago was that the pill bug free of its old covering saw its new chitin rapidly hardening. It moved slowly across the log.

Look for bugs on your walks. Ashlyn and I will too.

Earl Plato is a Fort Erie resident, local historian and nature lover.

Young comedians invited to library for improv night

The summer isn't over yet, and we have lots of great events still to come at the Fort Erie Public Library.

Improv 4 Kids, a game show style event for ages five to 15, will be offered at the Centennial branch on Monday evening, Aug. 8, beginning at 7 p.m.

Bring your imagination and a sense of silliness! We'll experiment with props, sound effects, and storytelling while playing drama games. One activity is a Prop improvisation game, inspired by the TV show "Whose Line Is It Anyway?". Choose a strangely shaped item from a pile of objects, and imagine funny situations with them: is this huge bowl a drum, a hat, or an ant pot? You don't need to register, but please pick up tickets ahead of time for this free event so we are ready for everyone who wants to play.

Local artist Hazel Reinhardt will teach young people the unique art of wet felting at the Crystal Ridge branch on Wednesday, Aug. 10, beginning at 2:00 p.m. Wet



Fort Erie Library

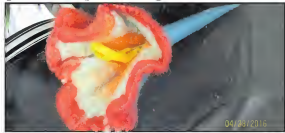
felting is the process of combining layers of wool yarns or a bundle of wool into one flat piece of felt fabric. Besides learning how to felt, you will create headbands and little figures to take home. Registration is required, with a \$5 fee for this craft program for ages 8-12. Fully Woolly by Ellen Warwick and Jane Davis' Felting: the complete guide are both available in the library collection for people who want to learn more about the stunning objects that can be created.

The season would not be complete without a magic show, and "Incredi-Brent" will be performing on Saturday, August 13 at 2:00 p.m. at the Centennial branch. Incredi-Brent's Magic Show is an hilarious,

interactive experience that is fun for the whole family—children go crazy for Brent's physical comedy and larger than life personality while adults are thrilled by his clever wit and magical skill. Everyone should pick up their tickets ahead of time, to ensure seating. All ages are welcome and tickets are just \$2 each. There are many books on magic in the library collection; type magic tricks into the search screen at www.fep.ca.

Story times for ages 18 months and up are a great time for little ones and their caregivers to enjoy stories, songs, dances and crafts all designed to promote early reading skills and a love of the library. Story times start at 10:30 a.m. on Tuesdays at the Centennial branch and on Wednesdays at Crystal Ridge. There is no charge or registration.

The movie *The Program*, based on the Lance Armstrong doping scandal, will be shown at the Crystal Ridge branch on Tuesday afternoon, August 9 and on Thursday evening, August 11 at



SPECIAL TO THE FORT ERIE TIMES

Local Artist Hazel Reinhardt will teach youngsters how to create a variety of items, including this flower during her wet felting workshop. Wet felting is the process of combining layers of wool yarns or a bundle of wool into one flat piece of felt fabric.

the Centennial branch. Ben Foster, Chris O'Dowd, Guillaume Canet, and Jesse Plemons star in this dramatic sports biography about the years when an Irish sports journalist became convinced that Armstrong's Tour de France victories were fueled by banned substances. With this conviction, he started hunting for evidence

that would expose Armstrong. The Wednesday evening film at the Centennial branch is *Perks of Being a Wallflower*, starring Emma Watson and Ezra Miller as two popular seniors who take a shy freshman under their wing.

Amy Roebuck is the community services coordinator at the Fort Erie Public Library.

2.44%

Own your home sooner with the best mortgage on the market

Compare our 5-Year Fixed mortgage to the big banks* at: meridianc.ca/mortgages



Fort Erie Branch
450 Garrison Road, Unit 14 | 905-994-8181

Stevensville Branch
2763 Stevensville Road | 905-382-3126

Meridian™

*Best mortgage on the market is based on a direct comparison of Meridian's featured 5-Year Fixed Rate against the big banks' posted special rates online on their respective websites as of February 5, 2016. Limited time offer. Big banks are defined as: Toronto Dominion Bank, Royal Bank of Canada, Bank of Nova Scotia, Bank of Montreal and Canadian Imperial Bank of Commerce. Some conditions apply. 2.50% APR assumes the typical example of a new mortgage with no costs of borrowing other than interest. Rates are subject to change without notice. ©2016.



KRIS DUBÉ, SPECIAL TO THE FORT ERIE TIMES

The Phoenix Artists Group, based out of Sherston, is one of 27 participants in this weekend's South Niagara Artists studio tour.

Local artists get creative in new work space

KRIS DUBÉ

Special to the Fort Erie Times

A group of diverse, talented local artists is getting creative in a new home.

The Phoenix Artists Group has relocated to a space on Michener Road in Sherston following several years of its members working on their craft out of the Beachcombers Senior Citizens Association facility in downtown Ridgeway.

Their art touches on many styles – from woodcarvings, painting, pine needle basket making, pyrography (wood burning), carpentry (wood house making, beaver stick furniture and more.

The group also includes Doug Maracle – an internationally-known woodcarver whose work is possessed by several world leaders. The Premier of France, King of Belgium, His Highness the

Aga Khan and the Deputy Premier of the Peoples Republic of China are all owners of one of his sculptures.

Colin Chilvers, an Academy Award winner who led the special effects team during the production of the Superman trilogy, is also a member of the arts group that as set up shop in the rural area near the Fort Erie-Port Colborne border.

Chilvers brought home

an Oscar for the first Superman (1978) picture and is also known for his work on X-Men (2000) and the Rocky Horror Picture Show (1975).

He also directed Michael Jackson's music video for 'Smooth Criminal,' which was originally featured in the King of Pop's 1988 motion picture Moonwalker.

With every member of the group bringing their own set of skills and creative ability, Chil-

vers said they are more than just a collective of 11 artists.

"It's a social thing – we come here and shoot the bull, teach and learn – and get encouraged by each other," said Chilvers.

The space was donated to the group by local developer Ed Lenchysyn.

This Saturday and Sunday marks the first of two studio tour being offered by South Niagara Artists, a collabora-

tion of artists on the south coast of Niagara that has come together to promote their talent.

This weekend's event runs from 10 a.m. to 5 p.m. each day. There are more than 20 potential stops along the way. You can visit and www.phoenixartistsgroup.com and www.southniagarartists.ca for more information.

The Phoenix Artists Group will be participating.

**NIAGARA
REGION'S
BEST VALUE
RESTAURANT**

41 JARVIS STREET,
FORT ERIE
905-994-9222
www.oldbankbistro.com

IT'S ALWAYS BETTER AT THE BISTRO, YOU CAN BANK ON THAT!



DINNER FORTWO PACKAGES
INCLUDES BOTTLE OF WINE

ONLY \$49.99
(MON - THURS)

Daily SPECIAL
NY STEAK AND 1/2 LB
LOBSTER TAIL DINNER

ONLY \$37.99

OPEN MONDAY THROUGH FRIDAY FOR LUNCH&DINNER
SATURDAY OPEN AT 4PM. CLOSED SUNDAYS

**PLENTY OF
MENU ITEMS TO
CHOOSE FROM
STARTING AT**
\$10.99

**SEE OUR MENU
at**
www.oldbankbistro.com
wifi hotspot

**NIAGARA'S
CELEBRATION
DESTINATION**

Border mayors want feds to resolve bridge delays



Traffic at the Peace Bridge in Fort Erie coming into Canada. July 21.

NINA DIAMITSA/POSTMEDIA NETWORK

RAY SPITERI
Postmedia Network

Niagara's three border mayors plan to write a letter this week calling on the federal government to address the traffic backups that have been a frequent problem at bridges into Canada this summer.

"We're all feeling the pain. It's very frustrating," said Niagara Falls Mayor Jim Diodati, adding counterpart mayors in the U.S. are equally frustrated.

Diodati said he has heard from people that it has taken them more than an hour to

come back to Canada on Niagara's bridges. He said even at the Whirlpool Bridge, which is a Nexus-only crossing, it took motorists half an hour to come into Canada Saturday.

"This is having an impact on cross-border trade and tourism and it needs to be addressed right away," he said. "We have seen the pendulum swing on this side of the border - the dollar is encouraging Americans to come and gas prices are relatively inexpensive."

CONTINUED > PAGE 10

Sunset Grille & Vista View Patio

Golf & Dine 9 Holes + Cart and Haddock Dinner

\$23.00 plus tax

RIOVISTA

85 Crooks St., Fort Erie
905-871-0921
www.golfriovista.com
2016 Season

VOTED GOLF COURSE

Health Corner

Practical Tip for your Kids to Have a Cavity Free Mouth for Life

— Yes. The Bugs!

Awhile back I talked about how the cavities occur in our mouth. This week, we will discuss one of three elements that involved in cavity formation.

Bugs.

Yes, tooth decay is a biological process. Cavity causing bacteria are the main enemy here. You may know that our bodily cells cohabit with micro-organisms. Some of these micro-organisms do benefit us (as in gut bacteria). However, many species do harm us in a certain way. There are several known species of bacteria that cause tooth decay. I won't name them



Dr. John Inigo

but one of the things the bacteria have in common is the biological process they need to produce energy to survive and reproduce.

Essentially, the bacteria consume sugar as food and use it to produce essential energy. However, by-product of this process is lactic acid. Like any acid, lactic acid dissolves minerals. A tooth is composed of enamel and dentine. Both are calcium phosphate crystal

structure, which can be easily dissolved by lactic acid.

So, what can we do in the light of this revelation? First we can try to lower the bacterial function. We can do this by exposing these bacteria to more alkaline (basic) environment. In other words, acidic conditions make them thrive. On the other hand, basic conditions make them more dormant.

Dr. John Inigo is a practicing general dentist in Fort Erie and Ridgeway, Ontario. For more information and previous articles about oral health, visit www.inigodentistry.com or call 905.871.2903 or 905.894.5555.

SLEEP & SEDATION DENTISTRY AVAILABLE FOR ALL AGES

Thank you for voting us Fort Erie's Finest!

Implants from Start to Finish
Complete Dental Care for the Entire Family

Prompt Emergency Care
Accepting New Patients

INIGO BERTIE DENTISTRY
BERTIE DENTAL OFFICE
246 BERTIE STREET
FORT ERIE, ON L2A 1Z6
(905) 871-2903

INIGO RIDGEWAY DENTISTRY
RIDGEWAY OFFICE
179 RIDGE RD NORTH
RIDGEWAY, ON L0S 1N0
(905) 894-5555

Follow Us On

www.inigodentistry.com

Dr. John Inigo, D.D.S., Dr. Emona Kraja, Dr. Gurpreet Jaura, D.D.S., Dr. Anna Huang, D.M.D., D.D.S., Dr. Soyoon Black, D.D.S., Dr. Ritika Nigam, D.D.S. & Dr. Dwight Eckmeier, B.Sc., D.D.S., Dip. Anaes, FADSA, DNDRA, DABDA

'The CBSA works with local stakeholders to monitor traffic patterns during high-volume periods'

CONTINUED FROM PAGE 9

Diodati said Canada Border Services Agency does not have appropriate staffing levels at the bridges, and that he, along with Fort Erie Mayor Wayne Redekop and Niagara-on-the-Lake Lord Mayor Pat Durie, will send a letter to the federal minister responsible for CBSA, as well as Prime Minister Justin Trudeau, outlining their concerns.

"Every minute people are sitting on the bridge is an extra minute they that they're not spending money in Canada, in Ontario, in Niagara Falls," said Diodati, adding it also leads to a negative experience.

In a recent interview with

the Postmedia Network the general managers of the Niagara Falls Bridge Commission and Buffalo and Fort Erie Public Bridge Authority said too few inspection booths are open during peak periods, leading to long delays at the Rainbow, Peace and Queenston-Lewiston bridges.

Holloway said traffic is down about 25 per cent during the last two years at its bridges -- down 14 per cent last year and another 10 per cent this year. The decrease comes from more Canadians not travelling as much to the United States, which has trumped the increase of Americans coming to Canada with the

exchange rate working to their benefit.

Also in a recent interview with the Postmedia Network CBSA spokeswoman Nancy Thomson said from March 28 to July 10, the Peace Bridge travellers stream met the established service standards 86.1 per cent of the time, the Queenston-Lewiston Bridge 91.6 per cent of the time and the rainbow Bridge 92.3 per cent of the time.

The established service standards are 10 minutes from Monday to Thursday and 20 minutes from Friday to Sunday and holidays.

"The CBSA works with local stakeholders to monitor traffic patterns during high-volume periods," she said.

"Delays are sometimes unavoidable when traffic surges are encountered, enforcement actions occur, and higher-than-normal traffic volumes come into play."

Thomson said there may be a variety of factors that contribute to how many lanes are open at any given time.

"Despite our best efforts to keep traffic delays to a minimum, delays may occur due to variables that are out of our control," she said.

"The CBSA recognizes the importance of border wait times to the Canadian trade and tourism interests. We make every effort to forecast traffic patterns and volumes, and adjust staffing levels during peak travel periods to

minimize processing times and unnecessary delays at our border crossings."

Diodati said CBSA's established service standards are misleading, and don't tell the entire story.

"Their numbers are skewed. They factor in between midnight and 6 a.m. when no one is on the bridge."

Niagara Falls Tourism chairman Wayne Thomson said it took him 31 minutes to cross back into Canada at the Whirlpool Bridge Saturday evening. He said one booth was open.

"I have a picture of the beautiful view of the rapids and a picture of the one booth open," he said.

Thomson said the situation is unfortunate because Niagara Falls Tourism has increased its marketing in the United States to attract more visitors.

"It's the first time in many years that we've concentrated on key cities in the near border states from a tourism marketing perspective, and we believe that's working significantly well," said Thomson.

"We'd like to think that maybe our efforts have stimulated that kind of activity, but at the same time something has to change to make that border flow more quickly."

rsptier@postmedia.com

WWW.FORTERIE TIMES.CA

DRIVE HOME HAPPY



Your Fort Erie Connection
CALL ME AT
905-357-5410



Brook Ford Lincoln Sales
4500 Drummond Road, Niagara Falls

TOP SOIL

- Garden Mix
- Lawn Soil
- Sand Loam
- Manure
- Clean Sand
- Concrete Sand
- Stone
- Pine-Mulch
- Excavating
- Grading
- Septic Systems

In Business to Serve You for 70 Years
READY NOW!
Pick Up or Delivery
Phone 905-894-0933

CANDLES

A GLOWING CONCERN

Keep candles out of the reach of children and pets. Remember to snuff out your candles if you are leaving the room or going to bed.

Golf & Dine

at Niagara's Friendliest Golf Course

Enjoy 9 holes with GPS riding cart and a great meal Every Friday, Saturday, Sunday and Holidays after 3pm (14 hole courses available after 3pm)

Play one of 3 unique nines, The Owl, The Fox or The Serpent

Check our website for this weekends meal online

Only \$27⁰⁰

+ tax & gratuity p.p.

BRING IN THIS AD AND GET A 2 FOR 1 BEVERAGE CARD IN THE PRO SHOP

Please call for tee times
905-835-6864
www.whiskyrun.com

Jack Shaws Green Acres Service
Serving Fort Erie Since 1968

2006 CHEV IMPALA SS
\$8395

2012 CHEV CRUZE LT
\$13,495

2008 BUICK ALLURE CX
\$6,195

2012 FORD FUSION SE
\$13,900

August Special

Sunset Ridge

GOLF CENTRE

3570 Garrison Rd., Ridgeway, ON L0S 1N0
905-894-4714/905-401-1145

Score a hole in one on the "Island Challenge"

and you could win a \$20 gift certificate for Backety Back Restaurant 1025 Gorham Rd Ridgeway

DRIVING RANGE
OPEN 8:30 A.M. - 8:00 P.M.

MPAC property assessment updates begin this month

Fort Erie residents can expect to receive their property assessment notices as of Aug. 2.

The Municipal Property Assessment Corporation (MPAC) updates the value of every property in the province as part of Ontario's assessment cycle every four years.

The current assessment update, taking place this time, is based on a valuation date of Jan. 1, 2016.

Farm property assessment notices will be mailed on Oct. 11, and multi-residential and business notices will be mailed Oct. 18. The

new assessment will serve as the basis for calculating property taxes for 2017-2020.

Once a property owner receives a property assessment notice, they may review it however no further action is required. If a property owner disagrees with the assessed value or classification, they may apply for a Request for Reconsideration no later than 120 days from the issue date listed on the notice.

Residential property owners in Fort Erie will need to apply for a Request for Reconsideration by Nov. 30.

For information on how the assessment works, market trends, the Request for Reconsideration process and property assessment

and taxation, MPAC recommends that property owners call 1-866-296-6722 or visit aboutmyproperty.ca. A unique Roll Number and

Access Key are included on your 2016 Property Assessment Notice and are required upon login to aboutmyproperty.ca.

Annual Siege of Old Fort Erie on this weekend

The country's largest battle reenactment will return to Old Fort Erie this weekend.

Niagara Parks Commission staff and volunteers are preparing last minute details for the 31st annual Siege of Fort Erie, planned for Aug. 6 and 7.

The event will commemorate the 202nd anniversary of the War of 1812 with an action packed schedule.

Highlights include battle reenactments that will take place on Saturday at 11 a.m., 2 p.m., and 8 p.m., where hundreds of re-enactors will participate in Drummond's Night Assault on the Fort, followed

by a lantern tour of the Fort under attack at 9 p.m.

A memorial service honouring all of those who fell in battle will be held on Sunday, at 10:30 a.m.

The event will conclude Sunday with the last battle re-enactment of the weekend, the American Sortie, on Sunday at 1 p.m.

It is free to view the battles and walk amongst the camps. Admission to the fort is \$12.95 for adults, \$7.95 for children 12 and under and children five and under are free.

For more information visit www.oldforterie.com for a full schedule of events.

WWW.FORTERIEHOCKEY.COM



GREATER FORT ERIE MINOR HOCKEY

2016-2017 Registration

FALL REGISTRATION

Pre-Novice (4-6 yrs) Novice - Atom Pee-wee to Midget

1st Child \$500.00 \$590 \$640

Must be paid in full by August 17, 2016

* Save \$25 for each additional child that you register

• Registration is open to players born between January 1st, 1996 and December 31st, 2012 to have a spot

• There is a \$25 Out of Town Fee for players not residing in the Town of Fort Erie.

• There is a \$50 volunteer bond per child (Excluding beginners program) that is include in above fees

BEGINNERS PROGRAM
call for more information

ONLY
\$275.00

Register On-Line at: www.forteriehockey.com
Check back often for information on season start dates.

Equipment
exchange Aug 13
at Leisureplex
check website for
details

www.forteriehockey.com
905-871-7191

ANNIVERSARY SALE

**THURS. AUGUST 11TH
& FRI. AUGUST 12TH
9AM-6PM**

**SAT. AUGUST 13TH
9AM-5PM**

**BEAT THE FALL
RUSH!**

SHOP NOW & SAVE!

MAJESTIC
3000VB DIRECT VENT FIREPLACE
INSTALLED

sale: \$1899

REG: \$2399
SAVE: \$500

ENVIRO
E30 GAS INSERT
INSTALLED

sale: \$2899

REG: \$3299
SAVE: \$400

PACIFIC ENERGY
HERITAGE 27 WOOD STOVE

sale: \$1599

REG: \$1999
SAVE: \$400

VALOR
739 CLASSIC GAS INSERT
INSTALLED

sale: \$2799

REG: \$3299
SAVE: \$500

MAJESTIC
AMBER GAS INSERT
INSTALLED

sale: \$2899

REG: \$3499
SAVE: \$600

ENVIRO
Q2 DIRECT VENT FIREPLACE
INSTALLED

sale: \$2599

REG: \$2999
SAVE: \$400

MAJESTIC
OXFORD GAS STOVE
INSTALLED

sale: \$2299

REG: \$2699
SAVE: \$400

MARQUIS
SOLARA DIRECT VENT
FIREPLACE INSTALLED

sale: \$1799

REG: \$2199
SAVE: \$400

**FLOOR MODEL
CLEAR OUTS &
DEMO DEALS TOO!
TOO MANY
TO LIST**

- Installed pricing based on main side wall vent
- Extra venting cost for basement or roof installs

STAMFORD FIREPLACES

**6997 OAKWOOD DR.
NIAGARA FALLS, ON
905-356-2922**

www.stamfordfireplaces.com

Follow us on Facebook and twitter



MPP goes on duty with Niagara cops

RAY SPITERI
Postmedia Network

Wayne Gates always wanted to be a police officer. He got his chance this weekend.

The Niagara Falls NDP MPP tagged along with Niagara Regional Police Sgt. Nilan Dave from 6 p.m. Saturday to 4 a.m. Sunday.

Decked out in a vest and an observer badge, Gates got to see what police officers deal with on a shift. "I always wanted to be a police officer or a firefighter, but when I was young you had to be over five feet, so I didn't get the opportunity to do it," he said with a laugh. "I watch the news and I believe that police officers are very dedicated, they work extremely hard, they're there to protect in service, and I think some of the comments (in the United States) that have been made around police officers aren't fair."

"I wanted to see, firsthand, exactly what a shift is like, I thought that the best way to do that is to be hands-on, rather than just talk to people about it, to actually see exactly what they go through on a shift."

Gates said he attended a debriefing at about 5:30 p.m.

He said he went out on about 10 calls that showed some of the diverse issues police officers have to deal with on a daily basis.

"One of the first calls we got was for a mental health issue. Mental health related calls are really increasing, particu-

larly among young people," he said.

Gates said the call was for a young man who was suicidal and who had a knife and a hammer.

While he remained in the cruiser, Gates said officers spoke to the young man and encouraged him to seek professional help. He said the man agreed and was taken to hospital for treatment.

"You never know what's going to happen when you walk in the door," said Gates, adding officers are increasingly having to spend more time in hospitals when it comes to mental-health issues.

"Our officers spend so much time at the hospital, which can take them off the streets for an extended period of time."

He said a report that some people had fallen off their Sea-Doos in the Niagara River showed the teamwork that takes place between local emergency personnel such as police, fire and paramedics, as well as their counterparts in the United States.

Gates said the people ended up being OK.

He said there were a number of missing-person reports, particularly from parents not knowing where their teenagers kids were.

"We went to a hit and run in the Lundy's Lane area, stopped individuals going through red lights and went to a backyard fire (complaint)," said Gates, adding he believes firefighters were called to put the fire out.



RAY SPITERI/NIAGARA FALLS REVIEW

Niagara Falls NDP MPP Wayne Gates spends a shift on duty with Niagara Regional Police Sgt. Nilan Dave Sunday.

"It's a very difficult job being a police officer. I now have a better understanding of what they do. It was very informative. They put their lives on the line for us every day and can go to calls that can turn out to be very explosive situations."

He said he was impressed by the teamwork also shown by all the officers on the shift, and by the "heart and soul" Sgt. Dave puts into his job. "You could see his team, the amount of respect they had for him and the trust

they had in him."

Gates said as an MPP, he believes he has a responsibility to know what police officers are facing every day.

"I've always said, when there's any danger, we're running out and they're always

running in," he said.

"I wanted to show them that they have lots of support in our community, that people respect the job they do."

rspiteri@postmedia.com
Twitter: @RaySpiteri

Home of the BEST Deal

BROCK FORD'S BLIZZARD OF SAVINGS

WHEN YOU CAN FINANCE SO MANY

NEW 2015 MODELS

STARTING FROM 0%

IT'S EASY TO GET INTO A FORD

WWW.BROCKFORDSALES.COM

4500 DRUMMOND RD.
NIAGARA FALLS
905-357-5410

Monday 9am - 8pm
Tuesday 9am - 8pm
Wednesday 9am - 8pm
Thursday 9am - 8pm
Friday 9am - 5pm
Saturday 10am - 6pm
Sunday CLOSED

facebook
Brock Ford

Download Our App

QEW
Highway 10
Financial Service Hub

GET MORE IN A FORD

THE STANDARD FEATURES YOU EXPECT AND COME TO US ABOUT

C-BROCK-1ST



CANADIAN TIRE

FORT ERIE

TRUST US TO HAVE YOUR TIRES

If you are not purchasing your tires from Canadian Tire Fort Erie, YOU SHOULD BE!!

- ✓ Great prices check out our weekly flyer, online at www.canadiantire.ca/tires or stop into the store for your most current pricing and selection.
- ✓ Great Warranties – Nationwide at almost 500 locations coast to coast.
- ✓ National Brands as well as Canadian Tire specific brands.
- ✓ Interest Free Financing Available.

Over 5000 Tires from top brands



In addition to our regularly stocked tire, you can choose from a large selection of brand-name, special order models and sizes for passenger cars, light trucks and SUVs.
Some exceptions apply. See in-store for details.

Also available online. Start shopping today at
canadiantire.ca/tire

**NO FEE
NO
INTEREST
FINANCING***

12
EQUAL
MONTHLY
PAYMENTS
when you
spend \$200
or more
storewide



**APPLY
TODAY!**

*Subject to Customer
Credit or online at
canadiantire.ca/finance



CANADIAN TIRE
240 Garrison, Rd.
Fort Erie



JULIE JOCSAN/POSTMEDIA NETWORK

George Kurzawa, left, executive director of the Canadian Mental Health Association – Niagara, and Shaun Baylis, CEO of Pathstone Mental Health, are shown at Pathstone's offices in Thorold. Both boards are looking at better ways to provide services for youths becoming adults.

Better mental-health transitions sought for youth

DON FRASER
POSTMEDIA NETWORK

Mental health challenges are daunting for young people.

Depression, self-harm and emotional disturbances can require constant professional help to ensure children, and their families, are safe and that a healing plan is in place.

These issues won't necessarily resolve themselves when a child becomes an adult, and needs new services.

Young clients and their families can be frustrated, and sometimes slip through the cracks when transitioning to adult mental-health care providers, from those that focus on youth.

With this in mind, the boards of the Canadian Mental Health Association – Niagara and Pathstone Mental Health are joining forces to fill those gaps for clients who "age out".

Discussions are continuing at their respective boards about how they can better work together to develop services that

are more seamless and responsive, to ensure continuity.

Pathstone CEO Shaun Baylis said the initiative also flows from a provincial government drive to improve access to care in that way across Ontario.

"It's been a real gap in the system ... we need to find the means to make this transition much smoother for them," said Baylis.

"When you have two specific locations for children and adults, there isn't (that transfer) that can occur without developing protocols, understandings or having teams working together," he said.

"This is what both boards are working toward, to have that collaborative spirit and continuum of care so kids can ... have those services carry on for them."

Baylis said examples of this might include crisis services or specialized housing.

George Kurzawa, executive director of CTHMC – Niagara, said his organization would explore opportunities to "blend our services, so that we can provide a more

seamless service for the youth."

Among areas where co-operation is already happening is via "mobile, crisis on the street services we do with the police." Through that, a social worker does a ride-along with a Niagara Regional Police officer in shifts that involve interactions with youth. The interventions can include crisis calls from families.

"We're looking at closer co-operation with (those programs), so we can provide more effective and quicker resources for people," Kurzawa said.

"Both boards are very much committed to doing better for our youth and the transitional age group.

Each board has strong representation from the family-client community it serves: "They are people who know the ... system and who have experienced it, or are directly experiencing it themselves," Kurzawa said.

donfraser@postmedia.com
Twitter: @don_standard



SPICE UP YOUR SUMMER
WITH A NEW LOOK
AT AMORE EYEWEAR

2 FOR \$1.99

**WE WILL
BEAT ANY
ADVERTISED
PRICE BY 10%**

8123 Lundy's Lane,
Niagara Falls
905.354.1122

Fort Erie Medical Building
238 Bertie Street, Fort Erie
905.871.2111

info@amoreeyewear.com
amoreeyewear.com



From the gardener's journal

"All weather signs fail in drought," or so an old farmer along Georgian Bay would tell me during the hot summers.

My recollection of a hot summer many years ago was the July my oldest son was born.

We had no rain from early June and then on July 29, the morning after he was born, we had a great and glorious replenishing rain.

I have always said his life was a blessing in many ways—the rain on the parched ground certainly was a sign of that.

The longest for moisture keeps us being creative in our growing. This year has taught me yet again the joys of plants that tend to hunker down and send roots to that even the slightest moisture can be captured. And to my amazement, what I assumed would be struggling has held its own. It's all about those roots.

Some growing plants, like children, embrace the heat. I have noticed I need not pay much attention to the squash families as



all the other ivies are struggling. Just keeping these in mind for another year when we may also experience the dry and hot.

I thought with the absence of the eight ash trees that my gardens would struggle to re-adjust to the now fairly intense sunlight. But it is as if a cover has been lifted from the area—all the spruce and balsam trees are flourishing and growing in leaps. I don't even recognize my tamarisks.

They seem to be lifting their softly flowing branches in muscular form. All the little tender plants I thought would struggle with the new heat and light are up and showing off. The too heavy stumps and smaller logs have become a part of the garden landscape and a favorite resting spot for baby robins. So apart from the boards that remain to be dried for use in another year or so, the ash are forgotten by the rest of the yard.

I am like my daylilies, enjoying the hot dry summer. I don't mind the routine of watering often and thoroughly. This is my great excuse to be outside

instead of behaving myself inside. Needless to say, meals have been a little on the barren side as my attention and time is elsewhere.

But I have collected two recipes to live up the summer and bring the right amount of health and chill to a hot day (see box).

As July winds down and August appears ahead there is a reminder of the change in the seasons in the skies. August is the month often noted for shooting stars, usually around the middle of the month. And the full moon, called the 'Sturgeon Moon' is on Aug. 18. And during August Umanis is easiest to see in the mornings beginning on Aug. 23. July ends with 14 hours and 43 minutes of daylight, but by the end of August there is only 13 hours and 23 minutes of daylight so the slow change is coming.

Meanwhile, let's enjoy the warmth, the beach, the vacation, the day camps, the

BREAKFAST ENERGY SMOOTHIE

- 2 cups berries (mixed fresh or frozen)
- 2 cups or orange juice unsweetened
- 1 cup low fat plain yogurt
- 1/2 tsp vanilla extract

- Some ice cubes
- Put in blender and blend until nicely pureed. If you add a tsp of protein powder you will add more energy.

GLUTEN FREE SORBET

- This makes a quart of pureed sorbet
- 2 lbs fresh fruit...thinking peaches and pineapple or mangoes are a lovely blend
- 1 tbsp lemon juice
- 1 cup sugar
- 1 cup water

- Wash and chop fruit. Add lemon juice to fruit. Simmer 1 cup sugar in 1 cup water.
- After sugar dissolves

then cool until the liquid is clear. Pour over fruit blend and puree in blender. I have put the finished sorbet into smaller freezer containers so that I can have it a little at a time. And although it does not say so, I think this would be nice in those frozen Popsicle containers. The high sugar level can be off putting, but freezing dulls flavors, so the sugar helps with that.

growing vegetables leaning to harvest and the delightful early morning sunrises and warm and glowing sunsets with friends.

See you on the trails, at the

beach, at the Tuesday morning market and in the garden! Keep growing. Ruth Vold Markle is the vice president of the Fort Erie Horticultural Society.

YOUR LOCALLY OWNED & OPERATED DRIVING SCHOOL

**GORD'S
FORT ERIE
DRIVING SCHOOL**

OFFERING YOU
THE SAME
PRICES AS THE
LARGE CHAIN
SCHOOLS!

AUGUST CLASSES

DAYS August 8, 9, 10 & 11
WEEKENDS August 13 & 14, 20 & 21

**7-1264 Garrison Rd., Fort Erie
289-320-8252**

COMPETITIVELY BASED PRICE SPECIAL

JUST \$399* ONLY FOR CLASSES STARTING IN AUGUST

* Plus HST * No other discounts apply

Need to get your lessons completed before school starts? Call Gord's!

Private Lessons Also Available

Register at www.gordsdrivingschool.com

A Ministry Approved Beginner Driver Education Course Provider, offering classroom and behind-the-wheel training for teenagers, adults and seniors.

Zammit
ORTHODONTICS

**Contact Zammit Orthodontics for a
FREE Orthodontic Consultation.**

**Proudly Serving Niagara's Orthodontic
Needs For Over 40 Years!
Flexible Payment Plans**

Specialists Treating Children & Adults

Braces – Regular & Clear, Self Ligning, Low Friction

*Invisible Aligning * TMJ Treatment * Snoring Devices * Shortened Treatment Options
Go to www.mysmileconsult.com to preview your treatment!



Mark Zammit B.D.S., M.Sc.D. (ORTHO.) F.R.C.D. (Canada)
Ronald Della B.C.H.D., D.D.S., D. ORTHO., M.Sc.D

Pleased to be longtime community members of the Niagara Region.



905-682-8375
33 Ontario St.
St. Catharines, ON

905-931-8375
5041 King Street
Beamsville, ON

905-894-5903
179 Ridge Road
Ridgeway, ON

www.zammitortho.com

Jalapeños are hot at the farmers market

There's some wrinkly weird looking red things growing in my garden.

I bought these plants that said "Trinidad Moruga scorpion something," and "Bhut Chocolate and Carolina Reaper." As it turns out I have things that can be used in chemical warfare. The Carolina Reapers are the confirmed hottest pepper on the planet.

They will eat through latex gloves during harvesting, and will definitely do serious and permanent damage to those delicate membranes of your insides. In other words, eat one and prepare to have your head taken clean off at the shoulders.

There's a chart called the Scoville scale of heat units in peppers. Bell peppers being zero, jalapeños at around 1,300-5,000 units and those Reapers at 2,200,000. Police pepper spray is 5,300,000.

I wonder what's worse, a bullet in the leg or a shot of huge pepper spray in the face? I



At the Market

have a lethal weapon on my kitchen table.

I know when I handle any kind of hot pepper, dish gloves are on my hands. Cooking them into my deadly hot pepper jelly, I wear a hazmat mask. Otherwise I'll choke from the fumes.

The chemical in those peppers is also a natural combatant to diseases and fungi on the pepper plants and wards of mammals from eating them. Only mammals are affected by the capsaicin, the heat chemical in peppers. Birds can eat them and in turn spread the seeds to ensure the reproduction of the pepper species.

All kinds of peppers pack a huge punch of vitamin C way more than an orange

by weight. Peppers were domesticated about 6000 years ago and are an integral vegetable in many cultural's diets since then.

Chilis are the spice of life and there's 100s of varieties of them. They even help those that have lost their sense of taste with age or illness get a little pleasure from eating by being able to sense the heat.

Chilis and chocolate go together. They grow in the same regions and combine great in a Mole sauce or even drinking it. Mmm, get those nerve endings a tingling. By the way, the hottest part of even the common jalapeño is near the stem. Remember to wear gloves when preparing them.

The husband of a friend of mine didn't, and paid the price when he had to use the bathroom. The capsaicin in the peppers transferred from his hands to his privates and the rest is a hysterical story left to the imagination.

Pick up some of those hot peppers and try one of

the eight varieties of hot pepper jellies at Elise's Fine Preserves at the Bridgeburg Rustic Farmers' Market this Tuesday, 11 a.m. to 4 p.m. on Jarvis St. and don't forget to like us on Facebook.

Crystal Haverstock
is the co-ordinator of the Bridgeburg Rustic Farmers Market.

JALAPEÑO POPPERS

- 12 jalapeño peppers sliced in half lengthways and seeded
- Cream cheese
- 12 slices thin Panchetta bacon or 6 slices thin lean bacon cut in half
- Fill the jalapeño halves with cream cheese and wrap a slice of bacon around the middle of the jalapeño and place on a cookie sheet.
- Bake at 350 for 10-15 minutes until bacon is cooked.
- Serve immediately as an appetizer snack



Plenty of peppers are in season at the Bridgeburg Rustic Farmers Market.

OPEN

YEAR-ROUND HOUSEHOLD HAZARDOUS WASTE (HHW) DROP-OFF DEPOTS

Niagara Road 12 HHW Drop-off Depot*	Bridge Street Waste and Recycling Drop-off Depot**
7015 Concession Road 7, West Lincoln (Enter from Grimsby Road 12) Closed Monday	1300 Bridge St., Fort Erie
Humberstone HHW Drop-off Depot	Thorold Yard HHW Drop-off Depot
700 Humberstone Rd., Welland	3557 Thorold Townline Rd., Thorold
Hours: Monday to Friday, 8 a.m. – 5 p.m. Saturdays / Statutory Holidays: 8 a.m. – 4 p.m. Closed: Sunday, Christmas Day and New Year's Day	
Visit niagararegion.ca/waste for acceptable HHW materials	
NO Industrial, commercial or institutional HHW accepted	
* Niagara Road 12 Household Hazardous Waste Drop-off Depot is available to all residents of Niagara region for the drop off of HHW only. ** Only batteries, paint, propane tanks and oil accepted at this location.	
For more information, call the Waste Info-Line at 905-356-4141 or 1-800-594-5542 niagararegion.ca/waste	
Niagara Region	

Jointly provided through a partnership between industry and Ontario municipalities to support waste diversion programs.

Annual GIBBY'S TOURNAMENT FOR PROSTATE CANCER

Date: Friday
Sept 2nd
Time: 1pm
Price: \$65

Includes
 Golf, Cart,
 Steak Dinner
 and Prizes

*Contact club to
 sign up*

1150 Sunset Drive Fort Erie 905-991-8883

Jazz bar coming to familiar downtown building in Niagara Falls

RAY SPITERI
Postmedia Network

Clarke Bitter believes there's a niche in Niagara for jazz and he's ready to tap into it that market.

"Jazz is making a resurgence everywhere. There are jazz bars in Toronto and in Buffalo and in Cleveland," said the Niagara Falls resident.

"We have lots of places that will have jazz (in Niagara), but it's hit and miss. I felt that it was a sector that was being overlooked."

He's opening Harry's Jazz Bar on Aug. 5 inside a building at the corner of Bridge Street and Victoria Avenue in Niagara Falls.

The building has been a mainstay at that location for generations, and has gone through many name changes, such as the Cavalry Hotel, Victoria Inn Bar and Grill, North Rocks and Neighbours Barr and Grill.

Bitter is the former executive chef at the Fort Erie Race Track and used to operate the Batter Up! Olde Style Fish and Chips restaurant on Main Street.

Now, as the executive chef and general manager of Harry's Jazz Bar, he hopes to bring new life into a once vibrant building, and be part of the downtown's revitalization efforts.

"This corner at Bridge and Victoria is basically the gateway to downtown. A lot of the people that have been skeptical about going to Queen Street drive by this corner every day to go city hall, to go to the banks... but they drive right down Bridge Street, go where they're going to leave," said Bitter.

"We're hoping that when they see something different and new and vibrant in this location, that it will help alleviate some of the stigma for downtown as well."

He said downtown is becoming more vibrant, pointing to this year as producing "some of the greatest cultural events that this city has put on in the 12 years that I've lived here."

"Livestock was spectacular. Porchfest was cool. The Niagara Integrated Film Festival, book launches, local music all up and down the street. But there's nothing like what we have, there's a niche to be filled."

"If I went the same route as Taps or Four Triple Five or Grand Central, all I'd be doing is diluting the customer base. We want to bring new people back down to an old area."

Bitter said in the basement of the building, which at one time was known as the "old dugout," will be where Harry's Jazz Bar will be located.

He said it will be an intimate venue.

"It's a very small, small venue for jazz. We got the old vintage lighting coming

in here. It's comfortable and the acoustics are phenomenal."

In about six weeks, the plan is to also open TasteBuds Art Bistro upstairs, said Bitter. The area is not yet fully renovated, but the jazz-bar area is, so "we thought let's get it open and get the rest of the summer going, and use it as a way to introduce the upstairs as well, that it's coming."

He said when it comes to food, it won't be "your average chicken wing, chicken finger, nacho meal at a bar."

"We're going to source as much of it as we can locally. We even have someone growing a portion of our products in a greenhouse in Niagara-on-the-Lake for us. It's all organic, greenhouse-grown, in dirt, exclusively for TasteBuds and Harry's."

He said once TasteBuds opens, the plan is to incorporate the two, so that customers can enjoy a nice dinner upstairs at TasteBuds and then go downstairs and listen to "some fantastic jazz."

He said every month, a new local artist will be featured on the walls at TasteBuds, and the art will be for sale.

Bitter said Harry's will be open Wednesdays through Sundays.

"Wednesday is going to be an open jazz jam, so Harry's can get to know local jazz musicians and local jazz musicians can get to know Harry's," he said.

"Thursday nights are going to be Throwback Thursdays where it's all jazz previous to 1980. Friday and Saturday will be big-ticketed events to come September."

"Sundays we're going to do what's called a student showcase... up and comers, who's the future of jazz?"

Bitter said he named the jazz bar after the four generations of his family that have Harry in their names.

He said his grandfather was Harry Bitter, his father is Donald Harry Bitter, his name is Clarke Harry Bitter, and his son is Connor Harry Bitter.

He said about 30 years ago, the building was "the place to go."

"It was the place everybody went to. We really want to restore this. In the spring, there's landscaping completely scheduled for outside on the patio. The patio is going to become the best patio in the entire city."

Bitter said the grand opening of Harry's Jazz Bar is Aug. 5. Doors open at 6 p.m. Bitter said there will be "free nibbles" of the menu as well as live entertainment from The Hammer Bros.

For more information, visit Harry's Jazz Bar's profile page on Facebook.

rsptn@postmedia.com



MARK DIBATTISTA/POSTMEDIA NETWORK

Niagara Falls resident Clarke Bitter is the executive chef and general manager of the new Harry's Jazz Bar, which is scheduled to open Aug. 5 at the corner of Bridge Street and Victoria Avenue, in a building that has gone through many name changes and has been a mainstay at that location for generations.

TYBO CONCRETE

coatings & restoration

- Parging
- Garage Floors
- Wall Coatings
- Stairs
- Floors
- Entrances
- Power Washing
- Porches
- Walkways
- Pool decks
- Patios
- Concrete Sealing & Maintenance

Colour & Design Finishes available

Serving Niagara for over 10 Years

Specializing in professional resurfacing, repair, restoration, high density custom coatings on all pre-existing concrete surfaces

Fully Insured With WSIB Coverage. Approved Applicators & Finishers

RESIDENTIAL & COMMERCIAL APPLICATIONS.

Call Ty at 905-353-4300

Free Estimates • www.tyboconcretecoatings.com

The places you love at the prices you want!

frugal fridays

**SAVE
UP TO
60%**

Strada West Eat & Sip House	Old Bank Bistro	Beechwood Golf & CC
Meat Market Niagara	Niagara Falls Review	Teal Cosmetics Laser
Beacon Harbourside Restaurant	My Place Bar & Grill	Tangled Yoga
Boston Pizza	Substantial Sandwiches	Starbucks
Bridgeburg Jewellers	Niagara Falls Funzone	Fort Erie Golf Club
Apex Driving Academy	Lasik Provision	Port Colborne Country Club
ICC Golf Club	Hear Now Niagara	The Works Gourmet Burger
Seaway Mall	Hernder Estate Winery	Americana Resort-Spa-Waterpark
Gymnastics Energy	Giant Tiger	YMCA Camps
Silvestri Sports	Booksmart	CNE Passes

forterie
times
ca

.....and many more!

AVAILABLE ONLINE ONLY

THIS FRIDAY AUGUST 5TH

FortErieTimes.ca/FrugalFridays

COMMISSO'S FRESH FOODS

Niagara Peaches are Here!



Nothing says it's summer like fresh local peaches! Our peaches are carefully selected and chosen for their flavour and size by our growers like Nick ensuring you enjoy only the best that local Niagara peaches have to offer!

Fresh Local
Peaches
Product of Ontario

4.99
3L basket



Our Farm
CANADA AAA BEEF

Fresh Certified Black Angus
**NY Strip Loin
Grilling Steaks**
Family Pack

**SAVE
\$9.00/lb**

9.99/lb
22.02/kg



**Commissio's
BARBECUE
READY!**

Fresh Jumbo Size
Sweet California
Cantaloupes
Product of USA

1.99
each



NEW!



iögo
Yogourt Pouch
Assorted Varieties

**1/2
PRICE**

2.99
875-975g



General Mills
Cheerios
Multi-Grain or Honey Nut

**SAVE
\$3.50**

2.49
390-460g



Royale
**Velour Bathroom
Tissue**

**LESS
THAN
1/2
PRICE**

3.99
each



Want to see even more savings?
Visit CommissosFreshFoods.com
and click on the flyer icon to
see all of our weekly specials!

Save prices in effect Friday August 5 through August 11, 2016

FRI	SAT	SUN	MON	TUE	WED	THU
5	6	7	8	9	10	11

6161 Thorold Stone Rd., Niagara Falls, ON
Mon-Fri 7am-8pm • Sat 7am-7pm • Sun 8am-6pm

What does baldness say about heart health?

A Czech proverb says, "A good man grows grey and a rascal bald."

And Thomas Dekker wrote in *The Gull's Hornbook* in 1609, "How ugly is a bald pate! It looks like a face wanting a nose."

Now, a Japanese report says men with baldness should be less concerned about how it affects their looks. Rather, is the lack of hair associated with increased risk of coronary attack?

The Japanese findings were published online in the British medical journal *Open*. The study involved 40,000 males whose hair pattern was graded as frontal, crown-top baldness or a combination of the two. The conclusion was not all bald men are created equal.

Men with frontal baldness had a 22 per cent increased risk of coronary disease. For males with crown-top baldness, the risk increased to 52 per cent, and if men had both crown-top baldness and frontal loss of hair, the risk increased to 69 per cent.

This Japanese study is not an isolated one. Harvard researchers also reported a man's chance of heart disease depends on when hair loss started, how fast it is occurring and that hair loss on the



DR. GIFFORD JONES
THE DOCTOR GAME

top of the head was more likely to be associated with coronary disease.

Medical literature, however, cites a number of studies that were unable to find a significant association between hair loss and heart disease. Other good news is those with not receding hairlines were not at increased risk of heart trouble.

But what causes baldness? The reason for this loss of hair is not clear. Dr. Tomohide Yamada at the University of Tokyo speculates hormones might play a role and insulin resistance, the forerunner of diabetes, may be implicated since it causes atherosclerosis (hardening of arteries). Atherosclerosis is mentioned in several reports on hair loss and suggests if baldness is present, atherosclerosis should be suspected.

So, what should balding males do, particularly those who lose hair on the top of the head at an early age? They should inquire whether male relatives who suffered hair loss had a coronary at an early age and, if this is the case, start to eliminate as many risk factors as possible that are known to be associated with heart disease.

If further research shows atherosclerosis is a major cause of hair loss, doctors will want to treat it the same way as they treat atherosclerosis in coronary disease. This means 99 per cent of doctors will prescribe cholesterol-lowering drugs (CLDs).

Many readers are aware I had a heart attack 19 years ago and said no to CLDs. Rather, I decided to take high doses of vitamin C and lysine in a product called Medi-C Plus available in health-food stores. I had interviewed Dr. Linus Pauling, two-time Nobel Prize winner, who told me animals make vitamin C and humans lost this ability eons ago due to a genetic mishap.

Pauling explained vitamin C is needed for the manufacture of collagen, the glue that holds coronary cells together. A lack of C means a poor collagen level. Cracks then appear between coronary cells, setting the stage for a fatal blood clot.

Recently, Dr. Sydney Bush, an English researcher, made a monumental discovery. He took photos of the retinal arteries of patients, then gave them 6,000 milligrams of C and 5,000 of lysine. (Lysine adds strength to coronary arteries just like steel rods increase the strength of concrete.) A year later, he repeated the



photos. To his surprise, he found atherosclerosis fading away. In effect, vitamin C can prevent and reverse atherosclerosis.

These before-and-after photos are on my website, docgiff.com, and you do not need to be a doctor to see the difference. But remember I am not your doctor. Moreover, long-term double-blind studies will never be done as vitamin C

and lysine are natural products that cannot be patented. This means no one is going to spend millions for a study without a profit. But I believed Pauling's research made sense.

Besides, I'm still alive 19 years later, when cardiologists said I'd be dead in two years without CLDs.

For more information, visit docgiff.com or e-mail info@docgiff.com.



CHURCH ON THE BEACH

Crystal/Bay Beach

SUNDAYS AT 9:00 AM FROM JULY 3 - SEPTEMBER 4, 2016

A non-denominational worship service on Crystal/Bay Beach. Come dressed for the beach! Bring your own chairs, blankets, beach towels, and other beach gear.



churchonthebeach@hotmail.com
churchonthebeach.ca



JOIN US SUNDAY, AUGUST 7



Speaker: Robbie Symons

As founding pastor of Harvest Bible Chapel in Canada, Robbie Symons' greatest passion is to see Jesus Christ glorified in as many people as possible. He has been preaching the Gospel since 1982, and has been a full-time evangelist since 1992. He is a small gathering of 18 people, making the Bible to go, Harvest Bible Chapel has today evolved into a powerful church of nearly 4,000 people. God has blessed Robbie and the church alike with one of the most powerful preachers in Canada. Robbie (2007), Niagara (2011), Toronto West (2013), Barrie (2014), and Kelowna (2015). Robbie can be heard every weekend on WDCX Radio 97.9 FM and AM 970. His show, *Live in the Light*, is a daily preaching ministry reaching all of Western New York and Southern Ontario. Robbie received his first book, *Discover God's Love and His Gifts*, in 1992, and has since then been preaching and making his home in Burlington, Ontario.



Worship Leaders: Edwin & Val Perez

Edwin and Valerie Perez are both a part of The Chapel. Before they were in ministry together, Edwin is on staff and has the privilege of leading a middle school ministry called SHINE, coupled with starting and leading a youth group ministry at The Chapel. Valerie has been involved in a variety of different ministries growing up and has also had the experience of traveling to different parts of the world to sing. Edwin and Valerie first met in high school and then reconnected in the later part of high school and all through college. They have been married now for almost two years and they both want to make much of Jesus in and through their lives. Together, they both love to sing and lead others in worship, so they are greatly looking forward to Church on the Beach this summer!



Pro wrestling coming to Meridian Centre

Wrestling fans will want to get tickets this week for WWE's NXT division event coming to St. Catharines.

WWE presents NXT Live at Meridian Centre Friday, Sept. 23.

Tickets go on sale Friday at 10 a.m.

The event will be the first time NXT, a developmental unit of WWE — World Wrestling Entertainment — has crossed the border into Canada.

Featured wrestlers for next month's event, subject to change, include Samoa Joe, Shinsuke Nakamura, Bayley, Asuka, The Revival and others. Tickets start at \$25 and are available by phone at 1-855-989-5000 and at www.ticketmaster.ca. If not sold out, tickets will be available at Meridian Centre's box office starting Monday at 10 a.m.



CHRIS DOWCETTE/TORONTO SUN

WWE fans, who have taken over New Orleans, spent the weekend enjoying Fan Access at the convention centre before heading to WrestleMania 30 at the Superdome Sunday night. Colin Cassidy gets set to toss CJ Parker back in the ring as the two up-and-comers from the WWE's NXT roster get the crowd pumped up for the big show.

Bringing the arts to Fort Erie



FORT ERIE ARTS COUNCIL/SPECIAL TO THE FORT ERIE TIMES

Fort Erie Arts Council members are working hard to raise awareness about the council and the art programs it offers. Pictured in this photo, arts council president Donna MacLeod handed out information at the Ridgeway Farmers Market on July 16. For more information visit www.forterieartscouncil.com.



We feature organic, Ontario based ingredients and fresh locally grown vegetables

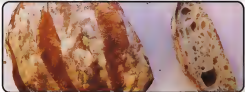
294 Ridge Road North,
Historic Ridgeway Ontario
(across from the post office)
Phone 905-894-2948

Brewsterstaffy.com
[thekitchenandbrewsterstaffy](http://thekitchenandbrewsterstaffy.com)



NOW OPEN

- Sandwiches made fresh with bread baked daily in house
- Delicious store made pastries, tarts, cookies, brownies and more*
- Focaccia Breads and a Unique selection of artisan meats, cheeses and pate
- Watch our staff pull taffy in our special salt water taffy making area.



Record-setting day at Fort Erie Race Track

KRIS DUBE

Special to the Fort Erie Times

The Fort Erie Racetrack took in more than \$2 million in wagering during this year's Prince of Wales stakes day, which is being touted as the most successful card in modern history at the historic border oval.

Wagering of \$635,074 during the 81st running of the second jewel in Canada's Triple Crown of racing beat the 2014 record of \$463,571.

Total-day wagering of \$2,188,171.82 also beat the all-time record of \$1,768,500.18 set in the same year.

Fort Erie Race Track Chief Operating Officer Tom Valiquette said on-track wagering last Tuesday was \$276,000, while off-track was about \$1.9 million.

"I would say probably 75 per cent of that off-track was in the United States," he said.

"That's typically where we've been going this year. We've been showing very good growth all year on our remotes, on how we're selling our product out there."

Last Tuesday was another sign the track, which had recently faced years of uncertainty, is making a comeback. Valiquette, who is also the track's chief financial officer, said wagering this season as a whole has been up 40 per cent, crediting, in large part, an initiative to "get our product into the U.S. market a bit more than it has been in the past."

"Part of it is managing

the timing of our races and actually making sure we're in a spot where we're not really right on top of another track."

He said about three per cent of the wagering growth this season can "probably" be attributed to the foreign exchange rate.

"When you bet in the U.S., if the U.S. dollar is stronger, when converted into Canadian dollars, obviously there's a growth. But year on year there's not much change in the exchange rate. We saw that two years ago and last year where the exchange rate was strong and that contributed about 10 per cent of our growth, but that's not a big factor this year."

Fort Erie Live Racing Consortium chief executive officer Jim Thibert says the record-breaking day is a testament to the experience offered by the track to racing fans and the local community - who also deserve credit for the support shown over the years and especially last Tuesday.

The second jewel in the Canadian triple crown of racing, the Prince of Wales is the local track's signature event. Although attendance is not recorded, it's estimated that last Tuesday's crowd exceeded 10,000 people.

"It's great to have the fans here betting on us. And when we see these numbers - it indicates to us we have one of the top products," said Thibert, moments after learning wagering had surpassed the \$2-million mark.



Jockey Luis Contreras sits atop Amis Gizmo, accompanied by trainer Josie Carroll after winning last Tuesday's Prince of Wales stakes race at the Fort Erie Racetrack.

The winning horse Amis Gizmo was also the runner up in this year's Queen's Plate, one of the two triple crown races held at Woodbine.

Only two days after suffering neck and back injuries as a result of being thrown

from his mount during a race at Woodbine, winning jockey Luis Contreras said he felt great after the race but admits he was "very worried" that he wouldn't be able to compete in the Prince of Wales, a rich contest with a purse of \$500,000.

Taking a considerable lead for most of the second half of the race, Contreras knew he had a lot of space between himself and the closest competitor as the finish drew near.

"I was nice and relaxed in the backstretch," he told

reporters after his victory.

Amis Gizmo finished first and was followed by Leavem in Malibu and Nilgon's Edge.

The third jewel, the Breeders' Cup, will be held at Woodbine on Aug. 21.

With files from Ray Spiteri

THIS WEEKEND @ *Bridgewater* COUNTRY CLUB

SATURDAY NIGHT PRIME RIB DINNER NIGHT

Choice of Soup or Salad
Shrimp Cocktail for 2
8oz or 10oz Prime Rib
Served with Garlic
Mashed, Vegetables
Yorkshire Pudding
Glass of Red Wine
Complimentary Dessert



8 oz Cut
\$24.50
10 oz Cut
\$28.50

THIS FRIDAY NIGHT AUG 5TH • 9 AND DINE

Golf and Cart for 9 holes along
with Fish Fry Dinner
Tee off between 3:30 and 6:30
Fry Feature includes
Starter Salad, Bread and Butter,
Fish and French Fries,
Chef's Complimentary Dessert

**ONLY
\$25.00**
Per Person

Spots are limited. Not valid with
any other coupon or discount.

700 Gilmore Road

www.bridgewatercountryclub.com

905-871-2400

Prince of Wales draws crowds to track



MIKE DINIATISTA/POSTMEDIA NETWORK

Wagering at Fort Erie Race Track this season has been up 40 per cent. Last Tuesday's fan turnout, and a record breaking wagering on the Prince of Wales day was another good sign the track is making a comeback.



MIKE DINIATISTA/POSTMEDIA NETWORK

Thousands of racing fans were on hand to watch Amis Gizmo win the 81st running of the Prince of Wales Stakes last Tuesday at the historic Fort Erie Race Track. Amis Gizmo was one of eight in the field of Canada's finest thoroughbred horses as they competed in the second leg of the Canadian Triple Crown.

What if one company could solve all your business needs?



We can connect all the pieces in more ways than ever before.

P POSTMEDIA

For more information, visit postmedia.ca/en/advertising



**PEACOCK
SCHOOL OF
DANCE**

Quality in
Dance Education

FALL REGISTRATION



FUN!



Ages
3+



SMILES!

Sat, Aug. 13th
10 am - noon

Wed, Sept. 7th
6 pm - 8 pm

- TAP
- JAZZ
- BALLET
- POINTE
- LYRICAL
- KINDER PROGRAM
- SPECIAL SESSIONS
- COMPETITIONS
- EXAMINATIONS

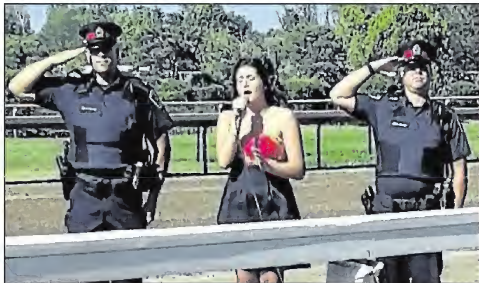


EXCITEMENT!



ENJOYMENT!

Visit peacockschoolofdance.ca
for more information and to e-mail
1731 Dominion Rd., (corner of Rosehill)
To speak to a director 289-876-8043



Hannah Tumillo, a Fort Erie resident and Lakeshore Catholic student, performed the U.S. and Canadian national anthems on Prince of Wales Stakes at Fort Erie Race Track.

HANDOUT/POSTMEDIA NETWORK



Hannah Tumillo

HANDOUT/POSTMEDIA NETWORK

Noteworthy day for Fort Erie teen

BERND FRANK
PostMedia Network

Neither butterflies or, given the occasion, horseflies left Hannah Tumillo tongue-tied when she had to sing both national anthems before one of the premier thoroughbred races in Canada.

She didn't let the excitement of performing *The Star Spangled Banner* and *O Canada* unaccompanied before upwards of 10,000 people at Fort Erie Race Track throw her words out of sync with the melody.

"Once the music started, it was all good," the Grade 11 student at Lakeshore Catholic High School in Port Colborne said.

"All the nerves go away, but it's still so exciting."

Marketing and media relations manager Antonietta Petrella said the track invited the 16-year-old Fort Erie resident to sing on Prince of Wales Stakes day, the track's biggest program of the season, after hearing her and her band, the Young Rebels, perform at last month's Party on the Patio fundraiser for a new

high school to serve greater Fort Erie.

Tumillo, who was flanked by two saluting Niagara Regional Police officers as she sang, performed the anthems during the second and third races, not at the beginning of the nine-race program.

"Since this is our biggest night of the year, it takes time to get everyone in their seats, so we hold off on the anthems," Petrella said.

It was first time that Tumillo has been asked to perform a national anthem, but after 11

years attending Buffalo Sabres games with her father Joe she didn't need to learn the words of either anthem.

"Oh, I knew the words all right," Tumillo said with a laugh.

Two years of fronting a band, at times singing in front of hundreds of people at recitals as well as at Canal Days in Port Colborne, didn't leave her so jaded that the invitation from the track was just another call.

"I was so excited. I was actually blown away," Tumillo said, recalling an invitation

she received from the race track about two weeks ago.

Tumillo intends to attend university after graduating from high school. She is interested in becoming a lawyer.

Amis Gizmo, a 6-to-5 favourite at post time, galloped to a 5 1/2-length victory in an eight-horse field featuring some of the top three-year-olds bred in Canada.

Before the race, the second leg of Canadian thoroughbred racing's triple crown was touted as a rematch of the first leg, the Queen's Plate.

However, it failed to live up to its billing as Sir Dudley Digges, the horse that edged Amis Gizmo at the wire in the Queen's Plate, finished a distant sixth in the rematch.

Canada hasn't had a triple crown winner since Wando swept the Queen's Plate, Prince of Wales Stakes and Breeders' Stakes in 2003.

This year's Breeders' Stakes takes place Sunday, Aug. 20, on the turf racing surface at Woodbine in Toronto.

BFrank@postmedia.com

Bridgewater
COUNTRY CLUB

JUST ARRIVED

Brand New

CALLAWAY STRADA
ULTIMATE 16 Piece Set

Driver, 3 & 5 woods
4, 5 hybrid, 6 iron to sand wedge
Bag and Putter

ONLY **\$399⁰⁰**

Brand New

WILSON PROFILE XLS SETS
MEN'S - WOMEN'S - TEENS

Complete sets including
Driver, fairway, hybrids
Irons, putter and bag with headcovers

ONLY **\$319⁰⁰**

Brand New

MIZUNO JPX-850 IRONS
MEN'S RIGHT &
LEFT HANDED

STIFF & REGULAR FLEX

REG PRICE **\$999⁰⁰** SALE PRICE **\$620⁰⁰**

PRO SHOP IS OPEN TO THE PUBLIC STOP BY AND BROWSE

BRIDGEWATER COUNTRY CLUB | 700 GILMORE ROAD, FORT ERIE, ONTARIO | 905-871-2400 EXT 44

Rio Vista Retirees results

Special to the Fort Erie Times

Summer continues and drought-like conditions this year are taking a toll on the course.

A few members of our league were on vacation, so the turnout for last Wednesday's game was about 50 senior golfers.

The event was a two man scramble.

New-comer Terry Ellis won the 50/50 draw. The hidden hole was the par four fourth and only one birdie was recorded.

The weekly closest to the



Rio Vista Retirees

pin on the seventh hole was by Barney James and a total of 12 drives got on to the green.

Shots of the day were two eagles on the par five ninth hole by the team of Art Drover and

Warren Hanks and the team of Dennis Ferdinandi and Gary Romanyk.

Of the 24 teams playing, 12 managed to get a point for net scores of 32 or better.

This week featured a Bingo-Bango-Bongo event, which included first on the green, closest to pin and first in the hole. The challenges of golf are not only the golf course, the handicaps or your opponent but mostly yourself. The results from Wednesday were not available before the Fort Erie Times press deadline.

WWW.FORTERIETIMES.CA

PUBLIC NOTICE

**Regional Road 124 (Central Avenue)
At the Central Avenue Bridge (Structure No. 124205)
In the Town of Fort Erie**

*** **UPDATE** ***

**Full Road Closure on Regional Road 124 (Central Avenue)
at Central Avenue Bridge
(Saturday, August 6, 2016 – September 2016)**

Regional Road 124 (Central Avenue) will be re-opened to vehicular traffic on the Central Avenue Bridge between Wintemute Street and Courtwright Street on **Saturday, August 6, 2016 at 7:00 a.m.** Traffic will be reduced to one lane and will be controlled using temporary traffic signals. Traffic is expected to be reduced to one lane until the end of September when the project is complete. These lane restrictions are required in order to reconstruct the southbound lane approaches of the new Central Avenue Bridge.

Wintemute Street will be closed at Regional Road 124 (Central Avenue) from August 6, 2016 until the end of September for this phase of the work, similar to the closure that was in effect for the previous phase of the project.

Pedestrian access on Regional Road 124 (Central Avenue) between Wintemute Street and Courtwright Street will remain closed until Monday, August 15, 2016 while crews work to complete the reconstruction of the Wintemute Street and Courtwright Street intersections. During this period, pedestrian traffic will continue to use the posted detour on Jarvis Street, the Niagara Parkway and Wintemute Street.

Any inquiries concerning this project may be directed to Regional Dispatch at 905-984-3690 or **Jason Marr, P. Eng.**, Senior Transportation Project Engineer at 905-980-6000, ext. 3552.

Your co-operation and patience during this period of inconvenience will be appreciated.

Ron Tripp, P. Eng.
Commissioner of Public Works
Niagara Region

Niagara  Region

f/niagararegion

www.niagararegion.ca

@niagararegion

Summer Worship Services

**St. John's Stevensville
United Church**

14789 Sodom Road, Stevensville, Ontario
DEEP SEA DISCOVERY CAMP
Ages JK - Grade 8
It's Back, It's FREE!
August 22 - 26 - 9:00 AM - 11:30 AM
Contact: 1-800-220-0909
dsh@stjohns.org • kenny@stjohns.org

AUGUST WORKSHOP SERIES

St. John's Stevensville United Church
14789 Sodom Rd., Stevensville ON

**AUGUST 10th - SUMMER SAFETY
& ACCESS TO HEALTH CARE TIPS**
3:30 - 4:30 PM

**AUGUST 31st - FALL PREVENTION
& HOME SAFETY TIPS**
3:30 - 4:30 PM

Discussion & Refreshments to Follow - FREE

Riverside Community Church

www.riversidecommchurch.com
905-871-8850
2669 Niagara Parkway

**Summer Hours for
Sunday Service:**
10:00am



stjohnsstevensvilleunitedchurch.com

An "Unknown Soldier" buried here has been identified in Rev. Don Glennie's research as Corporal Carrington (James or William) of the 47th Regiment of Foot, the Lancashire Regiment of Liverpool, England. Stationed in Montreal after service in Crimea, these 1200 British regulars were rushed to Toronto and on to Chippewa by train, then quickly marched toward the front in Fort Erie to strengthen Canadian militia facing the US sponsored "Fenian Invasion" of Canada in 1866. Carrying extra gear, career soldier Carrington collapsed in the heat on June 2. The 150 anniversary of this defence of Canada in 2016 resulted in the gift of his monument by Kirkpatrick Monuments of Fort Erie. Sunday worship service 11:00 am; only minutes to Sodom Rd, Ft. Erie, just north of Stevensville, QEW exits 16 & 17.

We look forward to hearing from you. Call or stop
in at 336 Central Ave. Fort Erie

905-871-3100 ext. 524204

Classifieds

forterietimes.ca/classifieds

Phone: 1-866-541-6757 • Fax: 1-866-485-8461 • Email: forterietimes.classifieds@sunmedia.ca



Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

General Help
Wanted

General Help
Wanted

General Help
Wanted

General Help
Wanted

General Help
Wanted

General Help
Wanted



Is your attic overfull?
Do you need to clean your
basement?
Advertise your
Garage/Yard Sale ad here

Call
for
Details

Call 905-468-3283 ext 102

Large Moving Sale
Sat. Aug. 6th 8am
Rain Date: Aug. 7th
508 Lakeshore, Ft Erie
4-air cond., shop vac, tools,
glass ware
Lots of good items.

Miscellaneous

Miscellaneous

St. Vincent De Paul
36 Jarvis St. 905-871-0203
Used furniture, clothing &
household items
Drop off between 10am - 4pm
(After hours drop offs disappear)
We will pick up large items
Sat. mornings

Antiques & Art
Collectibles



The
Fort Erie Times
WANTED
Newspaper Carriers

"Great
exercise
for young
& young at heart"

"Earn
extra
money"

ROUTES AVAILABLE

Fort Erie
Albert, small part of Dominion - 55 papers
Colette, Eva - 55 papers

Crescent Park
Daytona, Shayne - 36 papers
Lakeside, Lakeview - 45 papers

Ridgeway
Connection, Ridge - 37 papers
Summit, Bellevue - 58 papers

Stevensville
River Tr. Cres., Teresa - 45 papers
Coral, May, Airline - 70 papers

Haven't Seen A Route Advertised For Your Area?
Call & leave your name, address & telephone
number & we will call you if one becomes available.
Contact Petrina at 905-871-3100 ext. 1
or Pistok@postmedia.com

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets

Garage Sales
Flea Markets



A job that fits YOUR LIFE.

We've got great things in store for you!
Full Time Midnights and Day Shift
(Apply at 141 Garrison Rd., 1167 Garrison Rd.,
Fort Erie & 2780 Stevensville Rd., Stevensville)

Pick up applications/drop off resumes at store
Benefits

Paid Training - everything you need to do a great job.
Valuable Experience - everything you need for a great future.
Good Times - what makes our customers happy is what
motivates our employees. Honestly, caring, and a workplace that
feels like home.

Tim Holton
It's who you are that makes an who we are."

Legals

Legals

NOTICE TO CREDITORS AND OTHERS IN THE ESTATE OF ERNEST BENJAMIN ANGER, DECEASED

All persons having claims against the Estate of
ERNEST BENJAMIN ANGER, late of the Town of
Fort Erie (Ridgeway) in the Regional Municipality of
Niagara, who died on the 9th day of September, 2001,
are notified to send particulars to the undersigned on or
before the 31st day of September, 2016, after which date
the estate will be distributed with regard only to claims
of which the undersigned shall then have notice, and the
undersigned will not be liable to any person of whose
claims the undersigned shall not then have notice.

Dated this 28th day of July, 2016.

William Melvin Schoonhoven Sr.,
Estate Trustee by his solicitors
Jones, Jamieson & Rodkop
288 Bridge Road
P. O. Box 340
Ridgeway, Ontario
L0R 1N0
Telephone 905-894-4230
Fax 905-894-5356

CLASSIFIEDS WORK!

**ADVERTISING
WORKS!
CALL US TO
PLACE YOUR
AD HERE**

REACH
MORE With
Targeted Local
Advertising

ATTENTION!

Automotive
Services
WINDSHIELD chip
Repair or Replaced
WINDSHIELD KING
905-735-9999

FIND IT
HERE!

THE DEALS IN THE
CLASSIFIEDS
ARE OUTTA SIGHT!

businessdirectory

Pool Services

Pool Services

Dream Pools

New Pools / Above / Inground / Renovations
Repairs / Replacement Liners / Safety Covers
Concrete Decks, Patios, Walkways
Professional 35 yrs Exp. • Quality Workmanship
905-227-6072 / C. 905-341-3815
dreampools1979@gmail.com
www.dreampools1979.com
Committed to Excellence

Carpet/Flooring

CARPET

I have several thousand
yards of new ShawMaster
and 100% nylon carpet.
Principal price living room
and hall for \$300.
Price includes carpet, pad,
installation, (off in job)
call Steve at
905-642-9326
CARPETDEALS.CA

**FIND
IT
FOR
LESS
in the
classifieds**

**reasons
why you
should
advertise
in your
local
newspaper**

1 CREDIBILITY

Polls show people believe newspapers offer the most believable advertising. The offer is there to be read over and over again. It doesn't intrude unwanted and then vanish.

2 ASSURANCE

Our newspaper circulations are verified and audited. Advertisers verify that an ad ran as scheduled. They have tangible proof that their ad reaches the audience. Radio and TV can't offer this tangible proof.

3 PERMANENCE

Newspapers allow readers time to digest and consider an advertising offer as their leisure. Consumers need not be at the right place at the right time to see or hear the advertiser's message. Studies prove that our papers are kept longer than a week and are read by more than one person.

4 LOCAL COVERAGE

Newspapers occupy a unique position in reader's lives. Newspapers contain news on local people and events while providing the most reliable source of in-depth coverage of everything, including what businesses are offering this week.

5 ECONOMY

Cost per thousand is very competitive, but the results of good newspaper advertising are the best measure of its benefit.

6 LOCAL INVESTMENT

No other medium can compare to newspapers in service to the local community. An advertising ad is an investment by the advertiser in the community.

**The Market you are
looking for is reading
the same paper you are!**

**Talk to a Sales Representative
today for more information**

yourlifemoments.ca

Marking your milestones.

For Obituaries call:
1-877-750-5054

Fax: 1-866-485-8461

e-mail: obituaries@yourlifemoments.ca

All other moments call:
1-888-786-7821

Fax: 1-866-757-0227

e-mail: milestones.sun@yourlifemoments.ca

Obituaries | In Memoriam | Thanks | Births | Celebrations | More

Anniversaries

Anniversaries

Anniversaries

Obituaries

Obituaries

Obituaries

Obituaries

**50TH WEDDING
ANNIVERSARY**

*Roland
&
Betty (Krause) King*



Many Thanks to our
family and friends
for a wonderful
50 years
Married August 6th 1966

Obituaries

Obituaries

SIMONS, Patti Anne Marie -

After a long and courageous battle with cancer Patti passed away peacefully July 26, 2016 in Peterborough with her loving husband by her side. She is survived by her husband Dennis, her brother Rick Lundin her nieces and nephews Wayne House, Brenda Brown, Gord House, Shari House, Paul House and their families. She is also survived by her brothers and sister-in-law Richard, Roger, Diane and Dave and their families, her stepdaughter Nicole Diciozio and family and her many friends. Patti was predeceased by her daughter Sara Charlson, her parents Vern Lundin and Alice Lundin and her sisters Donna Lundin and Peggy House and brother-in-law Doug House. A Celebration of Patti's Life will be held at a later date. If so desired, you may make a donation to: hospicepeterborough.org or a charity of your choice.



CHEU, You Yuen "Eddie" - Eddie Cheu passed away unexpectedly at the Greater Niagara General Hospital on July 26th, 2016 at the age of 84. Beloved husband of Carol. Proud father of Kevin (Carolyn) Cheu, Steven Cheu, Karen (Dave) Cheu - Metz, Judy (Russell Gidding) Cheu and Wynne (Cindy) Cheu. Loving grandfather to Graydon and Stella. Eddie, along with his family owned May Wah Restaurant and was a generous, proud and well known member of the Fort Erie community. Benner Funeral Services, 1105 Benner Ave. Fort Erie entrusted with arrangements. The family received friends on Sunday July 31st from 7-9 and Monday from 2-4 & 7-9. Funeral Services were held in the Funeral Home on Tuesday, August 2nd at 11 am. Interment followed in Greenwood Cemetery. If so desired, donations to the Charity of your choice would be appreciated by the family.



BECK, Glenda (nee Rogers) - Passed away suddenly at the GREATER NIAGARA GENERAL HOSPITAL, on Thursday, July 28th, 2016, in her 80th year. Sincerely missed by her beloved husband Richard Beck of 55 years together. Loving mother of Jamie Lawrence and fiancée Shelley Cooper. Survived by her sister Connie Zimmer and sister in laws Marlene, Charlene Beck and Connie Bronzovich. As well as many dearest and nearest friends. Glenda was known as a wonderful caring and giving lady her entire life. A Celebration of Glenda's Life will be held at the Kinsmen Club, Thurday Bay during the month of September. A date will be determined at a later time. As an expression of sympathy, donations to the Canadian Liver Foundation or the Humane Society of Fort Erie would be appreciated. Arrangements entrusted to NIAGARA FUNERAL ALTERNATIVES, 905-894-0120

**Benner Funeral
Services Inc.**

**Williams Funeral
Services**

Pay your respects... on

yourlifemoments.ca



yourlifemoments.ca

For Obituaries call:
1-877-750-5054
 Fax: 1-866-485-8461
 e-mail: obituaries@yourlifemoments.ca

All other moments call:
1-888-786-7821
 Fax: 1-866-757-0227
 e-mail: milestones.sun@yourlifemoments.ca

Marking your milestones.

Obituaries | In Memoriam | Thanks | Births | Celebrations | More

In Memoriams

In Memoriams



JEPSON, John Sinclair
 May 18, 1946 - August 10, 2004
 Some say you're too painful to remember,
 I say you're too precious to forget!
 Love always, your daughter Chantelle
 AKA Your Wiggy



Teresa Maturani
 June 29, 1935 - July 27, 2015
 A loving mother, so gentle & kind,
 what a wonderful memory she left behind.
 Long days, long nights, she bore her pain
 To wait for a cure, but all in vain.
 Till God Himself knew what was best
 He took her home and gave her rest.
 One year has passed since that sad day,
 When one we loved was called away,
 But in our hearts she will always stay.
 With much love,
 Anna, Sandy, Megan and Louie

JEPSON, John Sinclair
 May 18, 1946 - August 10, 2004
 You don't cross my mind, you live in it.
 Love always,
 your wife and soulmate Valerie

*** SPECIAL ***
\$2,549
 36" x 24" with a 42" base
 Various colours to choose from, lettering included.
 (Foundation, Tax and Cemetery Fees extra)
 When it comes to choosing a memorial...Quite Simply,
 there is no other memorialist with a better reputation
 for quality, integrity and service.

KIRKPATRICK
 MONUMENTS

267 Garrison Rd. • Fort Erie • 905-871-5558
 LOCALLY OWNED www.kirkpatrickstoneworks.com LOCALLY MANUFACTURED

Just \$2,500
 Includes: Headstone
 Price includes lettering and
 delivery anywhere in
 south western Ontario.
 10% Cemetery fees &
 Foundation EXTRA.

HEBERT
 JACQUES L. HEBERT
 1940 - 1994
 SON EPOUSE
 AMANDA J. DOUCET
 1944

ON SALE
August
2016

ANY IN STOCK COLOUR
SERP 36" X 24" ON A 42 INCH BASE

Now Serving You in 3 Convenient Locations

Glenmount Memorials
 905-634-9887
 3114 Highway #3,
 East Port Colborne

The Stone Centre St. Catharines
 209 Carlton Street
 905-688-2477

Glenmount Memorials
 905-735-9717
 301 Aqueduct Street
 Welland

Niagara
Funeral Alternatives Inc.
 Cremations and Burials
**Remembrance Takes Thought,
 Not Expense**
 Jerome J. O'Charchin, Funeral Director
905-894-0120
 241 Ridge Road • Ridgeway • ON • L4S 1N0



When someone you love becomes a memory,
 the memory becomes a treasure.

Author Unknown

Remember... on *yourlifemoments.ca*



SUMMER SIZZLING SPECIALS HOT DEALS ...COOL RIDES!

2007 TOYOTA COROLLA CE MSRP \$11,299 \$9,990 \$7,990* WIN!	2011 FOCUS SE SEDAN MSRP \$11,249 \$14,990 \$10,990* WIN! \$111⁺ biweekly	2007 FUSION SEL AWD LTHR M/ROOF 5 CYL MSRP \$17,188 \$44,990 \$10,990* WIN!	2012 FORD FOCUS SE HATCHBACK MSRP \$13,774 \$43,990 \$12,990* WIN! \$132⁺ biweekly	2013 FORD FIESTA SE MSRP \$14,864 \$43,990 \$12,990* WIN! \$113⁺ biweekly
2011 DODGE GRAND CARAVAN STOW N' GO MSRP \$19,834 \$43,990 \$12,990* WIN! \$132⁺ biweekly	2013 ELANTRA GL MSRP \$19,195 \$43,990 \$12,990* WIN! \$113⁺ biweekly	2012 FUSION SE MSRP \$11,246 \$44,990 \$13,590* WIN! \$138⁺ biweekly	2014 FOCUS SE SEDAN MSRP \$12,708 \$44,990 \$13,990* WIN! \$108⁺ biweekly	2012 MKZ SPRT PKG NAV MSRP \$43,884 \$46,990 \$18,990* WIN! \$192⁺ biweekly
2012 F150 STX MSRP \$19,949 \$24,990 \$19,990* WIN! \$202⁺ biweekly	2013 EDGE SEL MSRP \$19,824 \$22,990 \$21,990* WIN! \$191⁺ biweekly	2014 ESCAPE SE 4WD MSRP \$13,764 \$23,990 \$21,990* WIN! \$170⁺ biweekly	2008 F150 S/CREW FX2 8CYL MSRP \$19,588 \$23,990 \$22,990* WIN!	2015 F150 S/CAB XL 5.0LT MSRP \$19,244 \$25,990 \$25,990* WIN! \$200⁺ biweekly
2011 RAM CREW/CAB SLT HEMI MSRP \$11,228 \$26,990 \$25,990* WIN! \$263⁺ biweekly	2014 EDGE SEL NAV LTHR M/ROOF MSRP \$19,874 \$26,990 \$27,990* WIN! \$216⁺ biweekly	2015 EDGE SEL LTHR 2.0LT MSRP \$12,714 \$26,990 \$28,990* WIN! \$223⁺ biweekly	2013 F150 S/CREW XLT XTR 5.0LT MSRP \$16,124 \$26,990 \$29,990* WIN! \$260⁺ biweekly	2015 EDGE SEL NAV LTHR M/ROOF MSRP \$16,874 \$26,990 \$32,990* WIN! \$254⁺ biweekly



Peter Chiosso
Pre-Owned Sales Manager



Ray Fabisian
Sales Consultant



Diane Van Stone
Sales Consultant



Jim Colaneri
Sales Consultant



Peter MacRae
Sales Consultant

*All prices include taxes, plus HST & Licence. - Bi-weekly payments include all fees & taxes plus financing. © 2008 DAC. Years 2008 & 2009 based on 7.99% Years 2010 to 2012 based on 5.99%. Years 2013 to 2015 based on 6.49%. Year 2009 based on 36 mth term, 2009 based on 48 mth term, years 2010 & 2011 based on 60 mth term, 2012 based on 72 mth term and 2013 to 2015 based on 84 mth term. ** Ex. \$115,000 financed @ 5.99% over 60 mths. is a bi-weekly payment of \$49.11, # of payments 130, cost of borrowing is \$465.86. Ex. \$10,000 financed @ 6.49% over 48 mths. is a bi-weekly payment of \$68.44, # of payments 182, cost of borrowing is \$2405.66 Ex. \$10,000 financed @ 7.99% over 48 mths. is a bi-weekly payment of \$112.46, # of payments 184, cost of borrowing is \$1088.61.



Monday to Thursday 9am to 8pm | Friday & Saturday 9am to 5pm
4500 DRUMMOND RD., NIAGARA FALLS
WWW.BROCKFORDSALES.COM | 905-357-5410

Brock Ford





HEATING & AIR CONDITIONING SPECIALISTS

Office: (289) 273-6550

Cell: (905) 329-7622

Email: tradesplusseervices@gmail.com

Like us on 

Furnace & AC Specs Going On Throughout August



The new degree of comfort.™



**Thank You
For Voting Us
Fort Eries #1
Heating & Air
Conditioning
Company**

With the Rising cost of Energy, now is the time to change your Older Non-Efficient Heating/Cooling Equipment to High-Efficiency Energy Saving Models saving you hundreds of dollars per year. All units have huge specials going on right now. With 10 Year warranty and peace of mind we supply and install the following equipment:

- Furnaces • Central Air Conditioning • Ductless Air Conditioning • Boilers • Hot Water Tanks
- Tankless and/or on Demand Hot Water Systems • Gas Lines and Much Much More

We offer 3 Easy payment Methods for your Convenience*

- 1 Cash/Cheque**
- 2 Rental available on your Enbridge Gas Bill**
- 3 Financing available on your Enbridge Gas Bill**

Multiple Finance Options to Suit Everyone

FREE NO OBLIGATION QUOTATIONS

NO INTEREST, NO PAYMENTS, 12 MONTHS O.A.C*

**Finance options subject to dealer charge.